Changes Effective 01 Nov 2010

TABLE III - Cost-of-Living Allowance (COLA) Indexes

A. General. This Table alphabetically lists all OCONUS areas presently authorized COLAs. Where a country or island is listed, it includes all territories within the boundaries of that country or island including any offshore islands in the same general vicinity. It won't include territories or possessions located elsewhere even though considered an integral part of the parent country or island. In such cases, cost data pertinent to the remote territories and possessions are used in determining the indexes for those remote areas. When a political subdivision smaller than a country is named, such as: state, city, province, department, town, village, etc., it includes the corporate limits of the political subdivision or the territory limits within its normal boundary if it isn't incorporated. Named posts, camps or stations include the area within their fixed boundaries. In cases of doubt, the "All Places Not Listed" rates will be used. Data and particulars involving the doubtful case should be forwarded for resolution to PDTATAC.

B. Area Listing. Footnotes are published at the end of the listing.

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
All Places Not Listed		None	1-Jan-82
Afghanistan	AF 999	None	16-May-09
Alaska: 2/			
Anchorage (Incl Eagle River)	AK 005	126	16-Dec-09
Barrow	AK 013	152	16-Dec-09
Bethel	AK 017	152	16-Dec-09
Clear AFS	AK 020	128	16-Dec-09
College	AK 021	128	16-Dec-09
Cordova	AK 025	138	16-Dec-09
Delta Junction (Incl Ft. Greely)	AK 029	130	16-Dec-09
Fairbanks	AK 049	128	16-Dec-09
Homer	AK 073	132	16-Dec-09
Juneau	AK 077	130	16-Dec-09
Kenai (Incl Soldotna)	AK 081	132	16-Dec-09
Ketchikan	AK 085	142	16-Dec-09
King Salmon (Incl Bristol Bay Borough)	AK 309	132	16-Dec-09
Kodiak	AK 089	132	16-Dec-09
Nome	AK 101	152	16-Dec-09
Petersburg	AK 113	142	16-Dec-09
Seward	AK 133	130	16-Dec-09
Sitka-Mt. Edgecombe	AK 145	138	16-Dec-09
Spruce Cape	AK 153	134	16-Dec-09
Tok	AK 162	132	16-Dec-09
Unalaska	AK 163	134	16-Dec-09
Valdez	AK 161	138	16-Dec-09
Wainwright	AK 165	152	16-Dec-09
Wasilla	AK 168	124	16-Dec-09
Other	AK 177	152	16-Dec-09
Albania	AL 999	122	16-Apr-09
Algeria	AG 999	116	1-Jan-10
American Samoa	AQ 001	114	1-Dec-05
Angola	AO 999	146	1-Mar-10
Antigua and Barbuda	AC 001	120	1-May-94
Argentina:			
Buenos Aires	AR 012	116	1-Jul-10
Other	AR 999	116	1-Jul-10
Armenia	AM 999	122	16-Jul-10
Australia:			
Adelaide (incl Edinburgh)	AS 023	160	1-Nov-10
Alice Springs	AS 001	162	1-Nov-10
Brisbane	AS 039	160	1-Nov-10
Canberra	AS 005	160	1-Nov-10
Darwin	AS 037	176	1-Nov-10
Exmouth (incl Harold E. Holt NAVCOMMSTA)	AS 009	176	1-Nov-10
Glenbrook	AS 022	176	1-Nov-10
Learmonth	AS 010	176	1-Nov-10
Melbourne	AS 011	168	1-Nov-10
Narrabri	AS 027	160	1-Nov-10
Newcastle	AS 035	176	1-Nov-10
Nowra (incl Jervis Bay)	AS 013	160	1-Nov-10
Perth (incl Fremantle)	AS 025	170	1-Nov-10
Queenscliff	AS 015	160	1-Nov-10
RAAF Amberley	AS 030	160	1-Nov-10
RAAF Tindal	AS 100	176	1-Nov-10
Richmond	AS 017	176	1-Nov-10
Sydney	AS 019	176	1-Nov-10
Other (ADF Housing)	AS 099	160	1-Nov-10
Other (Non-ADF Housing)	AS 999	160	1-Nov-10
Austria:			
Vienna	AU 005	160	1-Nov-10
Other	AU 999	160	1-Nov-10
Azerbaijan	AJ 999	134	1-Jul-09
Bahamas:			
Andros Island	BF 003	116	16-Feb-07

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Nassau	BF 001	152	1-Dec-09
Other	BF 999	None	12-May-80
Bahrain	BA 001	120	1-Nov-09
Balearic Islands (See Spain)			
Bangladesh	BG 999	104	16-Mar-08
Barbados	BB 001	146	16-Jul-09
Belarus	BO 999	124	1-Oct-07
Belgium:			
Antwerp	BE 055	154	1-Nov-10
Brabant Prov (incl Brussels)	BE 015	154	1-Nov-10
Florennes	BE 018	154	1-Nov-10
Hainaut Prov (incl Chievres/SHAPE), BE030	BE 019	140	1-Nov-10
Province of Limburg (Kleine Brogel)	BE 040	150	1-Nov-10
Zeebrugge (incl Oostende)	BE 002	154	1-Nov-10
Other	BE 999	154	1-Nov-10
Belize:			
Belize City	BH 001	132	16-Mar-06
Other	BH 999	132	16-Mar-06
Benin	BN 999	126	1-Nov-10
Bermuda	BD 001	166	16-Oct-10
Bolivia:			
La Paz	BL 001	108	1-Nov-09
Other	BL 999	108	1-Nov-09
Bosnia-Herzegovina	BK 999	122	1-Nov-10
Botswana	BC 999	134	1-Nov-10
Brazil:			
Brasilia	BR 001	140	1-Nov-10
Rio de Janeiro (incl Duque de Caxias)	BR 005	154	1-Nov-10
Sao Paulo	BR 015	158	1-Nov-10
Other	BR 999	140	1-Nov-10
Brunei	BX 999	122	1-May-10
Bulgaria	BU 999	140	1-Nov-10
Burkina Faso	UV 999	140	1-Nov-10
Burma	BM 999	122	16-Jun-09
Burundi	BY 999	120	1-May-10
Cambodia	CB 999	116	1-May-09
Cameroon	CM 999	146	1-Nov-10
Canada: /3			
Argentia (NL)	CA 003	146	1-Nov-10
Calgary (AB)	CA 091	152	1-Nov-10
Cold Lake (AB)	CA 009	152	1-Nov-10
Comox (Incl Nanoose) (BC)	CA 013	168	1-Nov-10
Gagetown (NB)	CA 044	146	1-Nov-10
Greenwood (NS)	CA 025	146	1-Nov-10
Halifax/Dartmouth/Shearwater (NS)	CA 029	146	1-Nov-10
Kingston (ON)	CA 033	148	1-Nov-10
London (ON)	CA 036	148	1-Nov-10
Masset (BC)	CA 037	168	1-Nov-10
Montreal (QC)	CA 089	152	1-Nov-10
North Bay (ON)	CA 045	146	1-Nov-10
Ottawa (ON)	CA 053	148	1-Nov-10
St. Hubert (QC)	CA 061	146	1-Nov-10
Toronto (ON)	CA 069	152	1-Nov-10
Trenton (ON)	CA 073	148	1-Nov-10
Vancouver (BC)	CA 076	168	1-Nov-10
Victoria (incl Esquimalt) (BC)	CA 077	168	1-Nov-10
Winnipeg (MB)	CA 081	152	1-Nov-10
Other	CA 999	148	1-Nov-10
Cape Verde	CV 999	112	1-Apr-09
Central African Republic	CT 999	162	1-Nov-10
Chad	CD 999	144	1-Nov-10
Chile:			
Iquique	CI 005	132	1-Nov-10
Santiago	CI 001	132	1-Nov-10
Vina Del Mar	CI 004	132	1-Nov-10
Other	CI 999	132	1-Nov-10
China:			
Beijing	CH 005	138	1-Nov-10
Shanghai	CH 010	138	1-Nov-10
Other	CH 999	126	1-Nov-10
Colombia:			
Bogota	CO 001	116	1-Nov-10
Cartagena	CO 003	116	1-Nov-10
Other	CO 999	116	1-Nov-10
Congo	CF 999	148	1-Nov-10
Congo, Democratic Republic of (Formerly Zaire)	CG 999	156	1-Dec-08
Costa Rica:			
San Jose	CS 001	130	1-Oct-10
Other	CS 999	130	1-Oct-10
Cote D' Ivoire (formerly Ivory Coast)	IV 999	150	1-Nov-10
Croatia	HR 999	140	1-Nov-10
Cuba:			

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Havana	CU 001	132	16-Sep-08
Other	CU 999	None	1-Feb-59
Cyprus:			
Nicosia	CY 001	140	1-Nov-10
Akrotiri	CY 999	138	1-Nov-10
Czech Republic:			
Prague	EZ 001	152	1-Nov-10
Other	EZ 999	152	1-Nov-10
Denmark:			
Aalborg	DA 001	170	1-Nov-10
Copenhagen (Island of Zealand)	DA 003	170	1-Nov-10
Karup (incl Baltap and Viborg)	DA 004	170	1-Nov-10
Other	DA 025	170	1-Nov-10
Djibouti	DJ 999	136	16-Oct-03
Dominica	DO 001	122	1-Feb-85
Dominican Republic:			
Santo Domingo	DR 001	136	16-Jun-10
Other	DR 999	136	16-Jun-10
East Timor	TT 999	126	1-Oct-08
Ecuador:			
Quito	EC 005	116	16-Jan-10
Other	EC 999	116	16-Jan-10
Egypt:			
Abu-Hamed	EG 007	102	16-Jul-10
Alexandria	EG 002	102	16-Jul-10
Beni Suef (incl Sakara AB, Jiyanklis)	EG 003	102	16-Jul-10
Cairo	EG 001	102	16-Jul-10
Ismailia	EG 006	102	16-Jul-10
Other	EG 999	102	16-Jul-10
El Salvador:			
San Salvador	ES 555	126	16-Aug-09
Other	ES 999	126	16-Aug-09
Equatorial Guinea	EK999	156	1-Nov-10
Eritrea	ER 999	124	1-Nov-07
Estonia	EN 999	138	1-Nov-10
Ethiopia	ET 999	118	16-Jul-09
Faroe Islands	FO 999	190	1-Nov-10
Fiji:			
Suva	FJ 001	118	1-Oct-10
Other	FJ 999	118	1-Oct-10
Finland	FI 999	168	1-Nov-10
France:			
Aix-En-Provence	FR 015	170	1-Nov-10
Draguignan	FR 004	170	1-Nov-10
Hyeres	FR 025	170	1-Nov-10
Le Luc	FR 201	170	1-Nov-10
Marseille	FR 555	164	1-Nov-10
Montpellier	FR 009	170	1-Nov-10
Paris (City of and Environs) 4/	FR 011	170	1-Nov-10
Toulon (incl St. Mandrier)	FR 037	170	1-Nov-10
Toulouse	FR 014	170	1-Nov-10
Other	FR 999	164	1-Nov-10
Gabon	GB 999	168	1-Nov-10
Gambia	GA 998	120	16-Sep-08
Georgia	GG 001	126	16-Nov-08
Germany: 5/			
Ansbach (B)	GM 228	124	1-Nov-10
Augsburg	GM 103	126	1-Nov-10
Babenhausen (H)	GM 301	124	1-Nov-10
Bamberg (B)	GM 229	126	1-Nov-10
Baumholder (RP)	GM 603	124	1-Nov-10
Berlin (BER)	GM 201	156	1-Nov-10
Bonn (incl Koln/Bonn Airport) (NRW)	GM 501	154	1-Nov-10
Borgholzhausen (NRW)	GM 503	124	1-Nov-10
Bremerhaven (BRE) (incl Bremen and Nordholtz)	GM 203	148	1-Nov-10
Buedingen (H) (incl Gelnhausen)	GM 307	124	1-Nov-10
Cologne (NRW) (incl Dellbrueck, Porz-Wahn)	GM 169	154	1-Nov-10
Darmstadt (H)	GM 311	124	1-Nov-10
Dexheim (RP) (incl Gonsenheim and Russelsheim)	GM 663	124	1-Nov-10
Erlensee (H)	GM 313	124	1-Nov-10
Frankfurt Am Main (H)	GM 317	124	1-Nov-10
Freiburg (BW)	GM 067	148	1-Nov-10
Garmisch (B)	GM 121	130	1-Nov-10
Geilenkirchen (NRW)	GM 531	126	1-Nov-10
Giebelstadt (B)	GM 123	124	1-Nov-10
Giessen (H)	GM 323	124	1-Nov-10
Gottingen (LS)	GM 224	148	1-Nov-10
Hamburg (HAM)	GM 205	156	1-Nov-10
Hanau (H)	GM 329	124	1-Nov-10
Hannover (LS) (incl Wunstorf)	GM 407	148	1-Nov-10
Heidelberg (BW)	GM 019	124	1-Nov-10
Hohenfels (B)	GM 230	126	1-Nov-10

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Jever AB (LS)	GM 415	148	1-Nov-10
Kaiserslautern Military Community (incl Bann, Einsidlerhof, Kaiserslautern, Landstuhl, Miesau, Pirmasens, Ramstein, Ruppertsweiler, Sembach, and Zweibruecken) (RP)	GM 700	124	1-Nov-10
Kalkar (NRW)	GM 539	148	1-Nov-10
Karlsruhe (incl Ettlingen) (BW)	GM 027	124	1-Nov-10
Kiel (SH) (incl Eckernforde)	GM 221	148	1-Nov-10
Kitzengen (B) (incl Wuerzburg)	GM 129	124	1-Nov-10
Landsberg (B)	GM 223	154	1-Nov-10
Leipzig (OS)	GM 157	148	1-Nov-10
Mannheim (incl Sandhofen) (BW)	GM 039	124	1-Nov-10
Munchengladbach (NRW) (incl Grefrath, Rheindahlen, and Herongen)	GM 549	126	1-Nov-10
Munich (B) (Incl. Furstenfeldbruck and Ober Pfaffenhofen)	GM 133	154	1-Nov-10
Nurnberg (B)	GM 137	124	1-Nov-10
Oberammergau (incl Oberammergau MOD)	GM 139	130	1-Nov-10
Pfullendorf (BW) (incl Gross Engstingen)	GM 721	148	1-Nov-10
Potsdam (BDG)	GM 816	156	1-Nov-10
Schweinfurt (B)	GM 227	124	1-Nov-10
Spangdahlem (RP)	GM 741	124	1-Nov-10
Stuttgart (BW) 6/	GM 055	124	1-Nov-10
Tubingen (BW)	GM 059	124	1-Nov-10
Ulm (BW) (incl Neu Ulm)	GM 061	124	1-Nov-10
Vilseck / Grafenwoehr (B)	GM 231	126	1-Nov-10
Wiesbaden (incl Bad Kreuznach and Wackernheim) (H)	GM 355	124	1-Nov-10
Wilhelmshaven (LS)	GM 469	148	1-Nov-10
States (localities not listed):			
Other Baden-Wuertemberg	GM 063	124	1-Nov-10
Other Bavaria (incl Bad Aibling)	GM 153	124	1-Nov-10
Other Hesse	GM 359	124	1-Nov-10
Other Lower Saxony	GM 425	148	1-Nov-10
Other Mecklenburg-Vorpommern	GM 369	148	1-Nov-10
Other North Rhine-Westphalia	GM 573	148	1-Nov-10
Other Rhineland-Palatinate	GM 655	124	1-Nov-10
Other Saarland	GM 207	124	1-Nov-10
Other Saxony	GM 939	148	1-Nov-10
Other Schleswig Holstein	GM 703	148	1-Nov-10
All Other Landstates	GM 999	124	1-Nov-10
Ghana	GH 999	128	16-Apr-10
Gibraltar	GI 001	132	1-Nov-10
Greece:			
Araxos	GR 007	126	1-Nov-10
Attica Department 7/	GR 003	144	1-Nov-10
Larissa (incl Tirnavos)	GR 011	132	1-Nov-10
Souda Bay	GR 001	126	1-Nov-10
Tanagra	GR 015	144	1-Nov-10
Thessaloniki	GR 017	144	1-Nov-10
Other	GR 999	None	1-Nov-10
Grenada	GJ 999	118	16-Dec-08
Guam	GQ 001	122	16-Oct-10
Guatemala:			
Guatemala City	GT 001	120	1-Nov-10
Other	GT 999	120	1-Nov-10
Guinea	GV 999	134	16-Nov-09
Guyana	GY 999	128	1-Dec-09
Haiti:			
Port au Prince	HA 001	122	1-Nov-08
Other	HA 999	122	1-Nov-08
Hawaii--by Island:			
Hawaii Island	HI 001	134	1-Jun-10
Kauai	HI 003	134	1-Jun-10
Maui	HI 005	138	1-Jun-10
Molokai	HI 007	138	1-Jun-10
Oahu	HI 009	130	1-Jun-10
Other Islands	HI 999	None	8-Nov-89
Honduras:			
Tegucigalpa	HO 001	110	1-Nov-09
Other	HO 999	110	1-Nov-09
Hong Kong	HK 001	144	1-Nov-10
Hungary:			
Budapest	HU 001	130	1-Apr-09
Other	HU 999	130	1-Nov-10
Iceland:			
Other (incl Keflavik & Reykjavik)	IC 999	146	1-Nov-10
India:			
Chennai	IN 555	120	1-Nov-10
Hyderabad	IN 556	120	1-Nov-10
Kolkata	IN 557	120	1-Nov-10
Mumbai	IN 050	140	1-Nov-10
New Delhi	IN 001	120	1-Nov-10
Other	IN 999	120	1-Nov-10
Indonesia:			
Jakarta	ID 001	124	16-Dec-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Other	ID 999	124	16-Dec-09
Iran	IR 999	None	19-Mar-82
Iraq	IZ 999	None	16-Jan-09
Ireland:			
Dublin	EI 001	164	1-Nov-10
Other	EI 999	164	1-Nov-10
Israel	IS 001	148	1-Nov-10
Italy:			
Aviano	IT 001	136	1-Nov-10
Bologna	IT 005	140	1-Nov-10
Brindisi (incl San Vito Dei Normanni)	IT 007	140	1-Nov-10
Florence	IT 022	140	1-Nov-10
Gaeta	IT 025	138	1-Nov-10
Ghedi	IT 027	140	1-Nov-10
Istrana AB	IT 028	130	1-Nov-10
La Maddalena	IT 029	162	1-Nov-10
La Spezia (incl Varignano)	IT 031	142	1-Nov-10
Latina	IT 033	140	1-Nov-10
Livorno (incl Camp Darby)	IT 035	132	1-Nov-10
Milan	IT 038	166	1-Nov-10
Naples	IT 055	140	1-Nov-10
Parma	IT 054	140	1-Nov-10
Pisa	IT 059	132	1-Nov-10
Poggio Renatico	IT 062	140	1-Nov-10
Rome (incl Ciampino Airport)	IT 063	158	1-Nov-10
Siena	IT 064	140	1-Nov-10
Sigonella	IT 067	140	1-Nov-10
Solbiate	IT 066	166	1-Nov-10
Taranto (incl Grottaglie)	IT 068	140	1-Nov-10
Trapani	IT 070	140	1-Nov-10
Verona	IT 071	136	1-Nov-10
Vicenza (incl Longare)	IT 073	130	1-Nov-10
Other	IT 100	130	1-Nov-10
Jamaica:			
Kingston	JM 001	130	1-Nov-09
Other	JM 999	130	1-Nov-09
Japan: 8/			
Atsugi (incl Totsuka) (KA)	JA 041	154	1-Nov-10
Camp Fuji (SH)	JA 067	142	1-Nov-10
Camp Zama (KA)	JA 045	154	1-Nov-10
Eta Jima Island (incl Akizuki)(HI)	JA 003	182	1-Nov-10
Gifu (GI)	JA 009	200	1-Nov-10
Hamamatsu (SH)	JA 011	200	1-Nov-10
Hyakuri AB (IB)	JA 015	200	1-Nov-10
Iwakuni (YA)	JA 019	142	1-Nov-10
Kamiseya (KA)	JA 049	154	1-Nov-10
Kawasaki (KA)	JA 016	168	1-Nov-10
Kichijoji (KA)	JA 073	142	1-Nov-10
Komaki (AI)	JA 022	200	1-Nov-10
Kumatamo City	JA 018	192	1-Nov-10
Kure (HI)	JA 021	182	1-Nov-10
Kyoto (KY)	JA 072	200	1-Nov-10
Misawa (AO)	JA 023	144	1-Nov-10
Nyutabaru AB (MI)	JA 029	200	1-Nov-10
Okinawa (OK)	JA 027	144	1-Nov-10
Osaka-Kobe (OS & HY)	JA 031	200	1-Nov-10
Sapporo (HK)	JA 069	200	1-Nov-10
Sasebo (NA)	JA 035	154	1-Nov-10
Sendai (MG)	JA 052	192	1-Nov-10
Shariki (AO)	JA 106	182	1-Nov-10
Tokyo (TO) 9/	JA 053	192	1-Nov-10
Yokohama (KA)	JA 057	168	1-Nov-10
Yokosuka (KA)	JA 061	160	1-Nov-10
Yokota (TO)	JA 065	142	1-Nov-10
Other Chiba Pref (incl Narita Intl AP)	JA 007	142	1-Nov-10
Other Kanagawa Pref (KA)	JA 998	142	1-Nov-10
Other Saitama (SA)	JA 033	142	1-Nov-10
Other Tokyo Pref (TO)	JA 077	142	1-Nov-10
Other Locations	JA 080	182	1-Nov-10
Jerusalem	JS 999	148	1-Nov-10
Jordan:			
Amman	JO 003	126	1-Nov-10
Other	JO 999	126	1-Nov-10
Kampuchea (see Cambodia)			
Kazakhstan	KZ 999	120	1-May-09
Kenya:			
Kisumu	KE 011	110	16-Oct-10
Mombasa	KE 001	110	16-Oct-10
Nairobi	KE 003	110	16-Oct-10
Other	KE 999	110	16-Oct-10
Korea: 11/			
Camp Humphreys (formerly Pyongtaek)	KS 035	114	1-Nov-10

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Unified Changwon City (Chinhae, Changwon, Masan)	KS 005	114	1-Nov-10
Chunchon	KS 007	114	1-Nov-10
Daegu/Waegwan (incl Camps Carroll, Henry, & Walker)	KS 045	112	1-Nov-10
Dongducheon (incl. Camp Casey)	KS 177	112	1-Nov-10
Inchon	KS 010	114	1-Nov-10
Kimhae	KS 015	120	1-Nov-10
Kunsan AB	KS 070	112	1-Nov-10
Kwanju AB	KS 017	112	1-Nov-10
Munsan	KS178	112	1-Nov-10
Osan AB (Incl Yongin)	KS 025	114	1-Nov-10
Pusan	KS 030	120	1-Nov-10
Seoul (K-16Fld/C.Mercer/SiteTango&33) /11 KS175	KS 140	122	1-Nov-10
Suwon	KS 050	114	1-Nov-10
Taejon	KS 047	112	1-Nov-10
Uijungbu	KS 176	112	1-Nov-10
Weonju	KS 065	114	1-Nov-10
Other	KS 999	112	1-Nov-10
Kosovo	KV 999	112	1-Nov-10
Kuwait	KU 999	134	1-Nov-10
Kyrgyzstan	KG 999	114	16-Jun-09
Laos	LA 999	118	1-Apr-05
Latvia	LG 999	150	1-Nov-10
Lebanon:			
Beirut	LE 001	114	16-Feb-09
Other	LE 999	None	1-Sep-87
Lesotho	LT 999	124	16-Oct-09
Liberia	LI 999	128	16-Mar-10
Libya	LY 999	110	1-May-07
Lithuania	LH 999	140	1-Nov-10
Luxembourg	LU 001	158	1-Nov-10
Macedonia	MK 999	118	1-Nov-10
Madagascar	MA 999	132	16-Jul-08
Malawi	MI 999	128	1-May-09
Malaysia:			
Kuala Lumpur	MY 001	132	1-Nov-10
Other	MY 999	132	1-Nov-10
Mali	ML 999	140	1-Nov-10
Malta	MT 999	140	1-Nov-10
Marshall Islands:			
Majuro	RM 003	124	1-Jul-10
Other	RM 999	108	1-Jan-02
Mauritania	MR 999	114	1-Oct-10
Mauritius	MP 999	122	1-Nov-10
Mexico:			
Cuidad Juarez	MX 555	116	1-Nov-10
Guadalajara	MX 005	116	1-Nov-10
Matamoros	MX 556	116	1-Nov-10
Merida	MX 557	116	1-Nov-10
Mexico City	MX 455	116	1-Nov-10
Monterrey	MX 500	122	1-Nov-10
Nogales	MX 558	116	1-Nov-10
Nuevo Laredo	MX 559	116	1-Nov-10
Tijuana	MX 560	116	1-Nov-10
Veracruz	MX 015	116	1-Nov-10
Other	MX 999	116	1-Nov-10
Micronesia, Federated States of:			
Kosrae	FM 009	108	16-May-09
Moen	FM 001	108	16-May-09
Pohnpei	FM 003	108	16-May-09
Truk (Chuuk)	FM 005	108	16-May-09
Yap	FM 007	108	16-Jul-99
Other	FM 999	None	1-Feb-59
Moldova	MD 999	124	1-Nov-08
Mongolia	MG 999	128	1-Dec-09
Montenegro	MJ 999	116	1-Nov-10
Morocco	MO 999	134	1-Nov-10
Mozambique	MZ 999	124	16-Dec-09
Namibia	WA 999	122	1-Nov-10
Nepal	NP 999	118	1-Aug-10
Netherlands:			
Almelo	NL 041	150	1-Nov-10
Amsterdam	NL 033	162	1-Nov-10
Arnhem	NL 065	150	1-Nov-10
Coevorden	NL 035	144	1-Nov-10
Delft	NL 050	164	1-Nov-10
Den Helder	NL 001	150	1-Nov-10
Doorn	NL 003	150	1-Nov-10
Eindhoven	NL 007	150	1-Nov-10
Hague, The	NL 009	164	1-Nov-10
Province of Friesland (incl Leeuwarden)	NL 070	150	1-Nov-10
Province of Limburg (incl. Brunssum/Schinnen)	NL 015	140	1-Nov-10
Rotterdam	NL 017	150	1-Nov-10

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Soesterberg AB	NL 021	150	1-Nov-10
Valkenburg (Incl Leiden)	NL 025	164	1-Nov-10
Volkel	NL 027	144	1-Nov-10
Other	NL 999	150	1-Nov-10
Netherlands Antilles	NT 999	138	1-Apr-09
New Zealand:			
Christchurch	NZ 003	162	1-Nov-10
Wellington	NZ 006	162	1-Nov-10
Other	NZ 999	162	1-Nov-10
Nicaragua	NU 999	102	1-Nov-10
Niger	NG 999	128	1-Nov-10
Nigeria			
Abuja	NI 001	142	1-Jun-09
Lagos	NI 500	136	16-Aug-09
Other	NI 999	142	1-Jun-09
Northern Mariana Islands:			
Saipan	CQ 001	130	16-Oct-10
Other	CQ 999	124	16-Nov-04
Norway:			
Bergen	NO 016	178	1-Nov-10
Bodo	NO 007	178	1-Nov-10
Oslo (incl Kolsas and Osteraas)	NO 001	178	1-Nov-10
Rygge	NO 005	178	1-Nov-10
Stavanger (incl Sola AS)	NO 021	168	1-Nov-10
Trondheim	NO 025	178	1-Nov-10
Other	NO 003	168	1-Nov-10
Oman	MU 999	126	16-Mar-10
Pakistan:			
Islamabad	PK 005	116	1-Apr-05
Peshawar	PK 001	108	1-Jun-04
Other	PK 999	116	1-Apr-05
Palau	PS 017	112	16-Apr-09
Panama:			
Canal Area/Panama City	PM 004	116	16-Mar-09
Other	PM 999	116	16-Mar-09
Papua New Guinea:			
Port Moresby	PP 555	142	1-Feb-10
Other	PP 999	142	1-Feb-10
Paraguay:			
Asuncion	PA 003	116	1-Nov-10
Other	PA 999	116	1-Nov-10
Peru:			
Lima	PE 005	136	16-Oct-10
Other	PE 999	136	16-Oct-10
Philippines:			
Bulacan	RP 003	120	1-Nov-10
Manila (incl Rizal Prov), RP701	RP 005	120	1-Nov-10
Other	RP 999	102	1-Nov-10
Poland:			
Krakow	PL 005	128	1-Nov-10
Warsaw	PL 001	128	1-Nov-10
Other	PL 999	128	1-Nov-10
Portugal (incl Azores):			
Azores	PO 015	124	1-Nov-10
Lisbon 10/	PO 002	136	1-Nov-10
Monte Real	PO 999	130	1-Nov-10
Puerto Rico:			
Aguadilla (incl CG AS Borinquen), RQ751	RQ 001	116	16-Feb-10
Arecibo	RQ 005	116	16-Feb-10
Caguas	RQ 015	116	16-Feb-10
Cayey	RQ 025	116	16-Feb-10
Fajardo	RQ 030	116	16-Feb-10
Guayama	RQ 040	116	16-Feb-10
Guaynabo	RQ 045	118	16-Feb-10
Humaco	RQ 050	116	16-Feb-10
Isabela	RQ 053	116	16-Feb-10
Luquillo	RQ 055	116	16-Feb-10
Mayaguez	RQ 060	116	16-Feb-10
Ponce (incl Ft. Allen and Camp Santiago)	RQ 065	116	16-Feb-10
Roosevelt Roads	RQ 070	116	16-Feb-10
Sabana Seca	RQ 075	118	16-Feb-10
San Juan (incl Bayamon, Carolina, and Fort Buchanan)	RQ 080	118	16-Feb-10
Vega Baja	RQ 085	116	16-Feb-10
Other	RQ 999	116	16-Feb-10
Qatar	QA 999	126	1-Feb-08
Romania	RO 999	150	1-Nov-10
Russia:			
Moscow	RS 001	136	1-Sep-10
St. Petersburg	RS 004	132	1-Sep-10
Other	RS 999	126	1-Sep-10
Rwanda	RW 999	124	16-Jun-09
Saint Kitts and Nevis	SC 999	116	1-Feb-92

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Saint Lucia	ST 001	120	1-Feb-92
Saint Vincent and the Grenadines	VC 999	120	1-Feb-92
Samoa	WS 999	126	16-Jul-06
Saudi Arabia:			
Jeddah	SA 003	118	1-Jun-09
Other	SA 999	118	1-Jun-09
Senegal	SG 999	140	1-Nov-10
Serbia:			
Belgrade	RB 060	104	16-Oct-10
Other	RB 999	104	16-Oct-10
Seychelles	SE 999	None	16-Aug-10
Sierra Leone	SL 999	124	16-Mar-09
Singapore	SN 001	162	1-Nov-10
Slovakia	LO 999	142	1-Nov-10
Slovenia	SI 999	144	1-Nov-10
Somalia	SO 999	122	1-Aug-03
South Africa			
Cape Town	SF 002	140	1-Nov-10
Johannesburg	SF 005	148	1-Nov-10
Pretoria	SF 100	148	1-Nov-10
Other	SF 999	138	1-Nov-10
Spain:			
Albacete	SP 016	146	1-Nov-10
Barcelona	SP 008	146	1-Nov-10
Cadiz	SP 005	134	1-Nov-10
Canary Islands	SP 004	None	1-Nov-10
El Ferrol	SP 007	146	1-Nov-10
Estartit	SP 009	146	1-Nov-10
Granada	SP 014	142	1-Nov-10
Madrid	SP 017	146	1-Nov-10
Moron AB	SP 018	142	1-Nov-10
Rota	SP 019	134	1-Nov-10
San Javier	SP 022	146	1-Nov-10
Seville	SP 012	142	1-Nov-10
Sonseca	SP 023	146	1-Nov-10
Valencia	SP 060	146	1-Nov-10
Zaragoza	SP 027	146	1-Nov-10
Other	SP 999	142	1-Nov-10
Sri Lanka (Ceylon)	CE 999	112	16-Jun-10
Sudan	SU 999	120	16-Feb-10
Suriname	NS 999	112	16-Sep-04
Swaziland	WZ 999	140	1-Nov-10
Sweden:			
Malmo	SW 003	178	1-Nov-10
Stockholm	SW 001	178	1-Nov-10
Other	SW 999	178	1-Nov-10
Switzerland:			
Bern	SZ 001	230	1-Nov-10
Geneva	SZ 005	230	1-Nov-10
Zurich	SZ 009	230	1-Nov-10
Other	SZ 999	230	1-Nov-10
Syria	SY 999	106	16-Jul-09
Taiwan	TW 999	156	1-Nov-10
Tajikistan	TI 999	112	1-Apr-09
Tanzania	TZ 999	124	1-Jul-10
Thailand:			
Bangkok, TH075	TH 001	142	1-Nov-10
Other	TH 011	110	1-Nov-10
Togo	TO 999	130	1-Nov-10
Trinidad and Tobago:			
Port of Spain	TD 001	126	16-Apr-09
Other	TD 999	126	16-Apr-09
Tunisia	TS 999	114	1-Nov-10
Turkey:			
Adana (incl Incirlik AB)	TU 001	116	1-Nov-10
Ankara	TU 003	128	1-Nov-10
Istanbul	TU 005	126	1-Nov-10
Izmir	TU 007	120	1-Nov-10
Other	TU 999	114	1-Nov-10
Turkmenistan	TX 999	146	16-Oct-10
Turks and Caicos Islands	TK 999	154	1-Feb-92
Uganda	UG 999	108	16-Jun-10
Ukraine:			
Kiev	UP 555	130	1-Nov-10
Other	UP 999	130	1-Nov-10
United Arab Emirates:			
Abu Dhabi	TC 001	130	1-Aug-10
Dubai	TC 014	128	1-Aug-10
Fujairah	TC 024	130	1-Aug-10
Other	TC 999	130	1-Aug-10
United Kingdom:			
Alconbury / Molesworth (E) 14/	UK 001	128	1-Nov-10

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Bath (E) 15/	UK 058	136	1-Nov-10
Cambridge (E)	UK 153	124	1-Nov-10
Fairford (E) 16/	UK 251	134	1-Nov-10
Harrogate / Menwith Hill (E) 17/	UK 313	126	1-Nov-10
Helston (E)	UK 318	136	1-Nov-10
High Wycombe / Daws Hill (E) 18/	UK 319	140	1-Nov-10
Lakenheath / Mildenhall (E) 19/	UK 352	124	1-Nov-10
London, Central (E) 12/	UK 380	154	1-Nov-10
London (incl Metro Traffic Area) (E) 13/	UK 388	134	1-Nov-10
Oxford (E) 21/	UK 490	134	1-Nov-10
Plymouth (E) 22/	UK 496	136	1-Nov-10
Portland (E) 23/	UK 508	136	1-Nov-10
Portsmouth (E) 24/	UK 514	136	1-Nov-10
RAF Digby Military Community (E) 26/	UK 865	136	1-Nov-10
Rochester (E) 27/	UK 517	136	1-Nov-10
Salisbury / Wilton (E), UK521 28/	UK 518	136	1-Nov-10
St. Mawgan (E), UK497 29/	UK 559	134	1-Nov-10
Yeovilton (E) 30/	UK 676	136	1-Nov-10
Other England (E)	UK 883	136	1-Nov-10
Scotland	UK 884	138	1-Nov-10
Wales	UK 885	138	1-Nov-10
Uruguay:			
Montevideo	UY 003	134	1-Nov-10
Other	UY 999	134	1-Nov-10
Uzbekistan	UZ 999	114	16-Sep-09
Venezuela:			
Caracas	VE 001	144	16-Mar-10
Other	VE 999	None	1-Nov-09
Vietnam	VM 999	114	16-Apr-08
Virgin Islands of the U.S.:			
St. Croix	VQ 001	124	16-Aug-10
St. Thomas	VQ 005	132	1-May-10
Other	VQ 999	124	16-Aug-10
Yemen	YM 999	104	1-Jun-10
Zambia	ZA 999	136	1-Nov-10
Zimbabwe	ZI 999	140	1-Aug-08

Footnotes

1/ Where more than one locality code is shown, see Appendix K for appropriate code.

2/ Cost-of-living Allowance Index "NONE" is prescribed for personnel assigned to the following specific duty stations: Adak Station, USCG Loran Station Attu, Cold Bay AFS, Campion AFS, Cape Lizburne AFS, Cape Newenham AFS, Cape Romanzof AFS, Deadhorse Airport, Fort Yijon AFS, Galena AFS, Indian Mountain AFS, Kotzebue AFS, Murphy Dome AFB, USCG Loran Station Port Clarence, Shemya AFB, Sparrevohn AFS, USCG Loran Station St. Paul Island, Tatalina AFS, and Tin City FS, Alaska.

3/ Abbreviations for Canadian Provinces: Alberta (AB), British Columbia (BC), Manitoba (MB), New Brunswick (NB), Newfoundland and Labrador (NL), Northwest Territories (NT), Nova Scotia (NS), Nunavut (NU), Ontario (ON), Prince Edward Island (PE), Quebec (QC), Saskatchewan (SK), Yukon (YT)

4/ As used in this Appendix, the term "Paris (Environs)" is comprised of the Departments of Essone, Hauts-de-Seine, Seine-St. Denis, Val-de-Marne, Val-d'oise, and Yvelines.

5/ Abbreviations for German States: Baden-Wuertemberg (BW), Bavaria (B), Hesse (H), Lower Saxony (LS), North Rhine Westphalia (NRW), Other Saxony (OS), Rhineland Palantinate (RP), Saarland (S), and Schleswig Holstein (SH).

6/ Bad Cannstatt, Boeblingen, Echterdingen, Ludwigsburg, Moehringen, Nellingen, Sindelfingen, Vaihingen and Zuffenhusen (Headquarters, United States European Command) are all within the Stuttgart Military Community.

7/ Attica Department includes Athens and Mt. Pateras (1 Sept 1999)

8/ Abbreviations for Japanese Prefectures: Aichi (AI), Aomori (AO), Chiba (CH), Fukuoka (FU), Gifu (GI), Hiroshima (HI), Hokkaido (HK), Hyogo (HY), Ibaraki (IB), Kanagawa (KA), Miyagi (MG), Miyazaki (MI), Nagasaki (NA), Okinawa (OK), Okayama (OY), Osaka (OS), Saitama (SA), Shizuoka (SH), Tokyo (TO), and Yamaguchi (YA).

9/ As used in this Appendix, the term "Tokyo" is limited to that area falling within the following named special wards (KU): Adachi, Arakawa, Bunkyo, Chiyoda, Chuo, Edogawa, Itabashi, Katsushika, Kita, Koto, Meguro, Minato, Nakano, Nerima, Ota, Setagaya, Shibuya, Shinagawa, Shinjuku, Suginami, Sumida, Taito, and Toshima.

10/ Lisbon includes the City of Lisbon, Alverca, Cascais, Estoril and Oeiras.

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11/Effective 2 March 2009, footnote 11 prescribes applicable Cost-of-Living Allowances for members permanently assigned to Dongducheon and Uijungbu, Korea (Area I), on a two year, accompanied command sponsored tour who elect to bring their dependents with them. In order to be authorized allowances other than the member's permanent duty station, the Service concerned must have already issued a Secretarial Overseas Housing Allowance (OHA) waiver allowing the member to draw OHA for the dependents' location in Korea when dependents reside at a location other than member's permanent duty station. Such members are authorized Cost-of-Living Allowance prescribed for member's dependents location within Korea in lieu of member's permanent duty station. In order to be authorized COLA under this footnote, the Command must certify that the member's dependents have a legitimate OHA lease for an area in Korea other than Dongducheon and Uijungbu (Area I) and are not residing at member's permanent duty station. No other members assigned to Korea are entitled to allowances payable under this footnote.

12/ Central London, locality code UK380, includes the Cities of London and Westminister plus the boroughs of Barking and Dagenham, Barnet, Bexley, Brent, Bromley, Camden, Croydon, Ealing, Enfield, Greenwich, Hackney, Hammersmith and Fulham, Haringey, Harrow, Havering, Hillingdon, Hounslow, Islington, Kensington and Chelsea, Kingston-upon-Thames, Lambeth, Lewisham, Merton, Newham, Redbridge, Richmond-upon-Thames, Southwark, Sutton, Tower Hamlets, Waltham Forest and Wandsworth.

13/ Metropolitan London, locality code 388, constitutes the former Metropolitan Traffic Area, less Central London, High Wycombe, and Daws Hill.

14/ Alconbury includes Chicksands, Cottesmore, Leicester, Molesworth, RAF Henlow, and Wyton.

15/ Bath includes Bristol and Corsham.

16/ Fairford includes Barford St. John, Bicester, Bromsgrove, Cheltenham, Croughton, Donnington, Gloucester, Innsworth, Little Rissington, Lyneham, RAF Brize Norton, Swindon and Upper Heyford.

17/ Harrogate / Menwith Hill includes RAF Leeming.

18/ High Wycombe/Daws Hill includes Aldershot, Bracknell, Camberley, Famborough, Guildford, RAF Halton and

19/ Lakenheath/Mildenhall includes RAF Marham and RAF Wattisham.

21/ Oxford includes RAF Benson.

22/ Plymouth includes Dartmouth, Drake, Hillhead, Great Torrington, Torpoint and Wembury.

23/ Portland includes Bovington, Lympstone, Poole and Weymouth.

24/ Portsmouth includes Alverstoke, Gosham, Emsworth, Fareham, Gosport, Hythe, Lee on Solent, Marchwood and Southwick.

26/ RAF Digby Military Community includes Coningsby, Cranwell, Kirton in Lindsey, Nocton Hall, Scampton and Waddington.

27/ Rochester includes Ashford, Chattenden, Dover and Swingate.

28/ Salisbury/Wilton includes Andover, Middle Wallop, Petersfield, Pewsey, RAF Boscombe Down, Shaftsbury, Stockbridge, Tidworth, Winchester and Wincombe.

29/ St. Mawgan includes Newquay.

30/ Yeovilton includes Blandford, Ilchester, Taunton and Warminister.