

**Changes Effective 1 Aug 2009**

**TABLE III - Cost-of-Living Allowance (COLA) Indexes**

A. General. This Table alphabetically lists all OCONUS areas presently authorized COLAs. Where a country or island is listed, it includes all territories within the boundaries of that country or island including any offshore islands in the same general vicinity. It won't include territories or possessions located elsewhere even though considered an integral part of the parent country or island. In such cases, cost data pertinent to the remote territories and possessions are used in determining the indexes for those remote areas. When a political subdivision smaller than a country is named, such as: state, city, province, department, town, village, etc., it includes the corporate limits of the political subdivision or the territory limits within its normal boundary if it isn't incorporated. Named posts, camps or stations include the area within their fixed boundaries. In cases of doubt, the "All Places Not Listed" rates will be used. Data and particulars involving the doubtful case should be forwarded for resolution to PDTATAC.

B. Area Listing. Footnotes are published at the end of the listing.

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
All Places Not Listed		None	1-Jan-82
Afghanistan	AF 999	None	16-May-09
Alaska: 2/			
Anchorage (Incl Eagle River)	AK 005	122	16-Dec-08
Barrow	AK 013	152	16-Dec-08
Bethel	AK 017	152	16-Dec-08
Clear AFS	AK 020	124	16-Dec-08
College	AK 021	124	16-Dec-08
Cordova	AK 025	134	1-Jan-09
Delta Junction (Incl Ft. Greely)	AK 029	126	16-Dec-08
Fairbanks	AK 049	124	16-Dec-08
Homer	AK 073	130	16-Mar-09
Juneau	AK 077	128	16-Dec-08
Kenai (Incl Soldotna)	AK 081	130	16-Mar-09
Ketchikan	AK 085	138	1-Jan-09
King Salmon (Incl Bristol Bay Borough)	AK 309	130	16-Mar-09
Kodiak	AK 089	128	16-Dec-08
Nome	AK 101	152	16-Dec-08
Petersburg	AK 113	138	1-Jan-09
Seward	AK 133	130	16-Mar-09
Sitka-Mt. Edgecombe	AK 145	136	16-Dec-08
Spruce Cape	AK 153	128	16-Dec-08
Tok	AK 162	132	16-Dec-08
Unalaska	AK 163	128	16-Dec-08
Valdez	AK 161	134	16-Dec-08
Wainwright	AK 165	152	16-Dec-08
Wasilla	AK 168	120	1-Apr-08
Other	AK 177	152	16-Dec-08
Albania	AL 999	122	16-Apr-09
Algeria	AG 999	112	16-Oct-08
American Samoa	AQ 001	114	1-Dec-05
Angola	AO 999	152	1-May-09
Antigua and Barbuda	AC 001	120	1-May-94
Argentina:			
Buenos Aires	AR 012	None	1-Aug-09
Other	AR 999	None	1-Aug-09
Armenia	AM 999	122	1-Apr-09
Australia:			
Adelaide (incl Edinburgh)	AS 023	144	1-Aug-09
Alice Springs	AS 001	144	1-Aug-09
Brisbane	AS 039	144	1-Aug-09
Canberra	AS 005	144	1-Aug-09
Darwin	AS 037	150	1-Aug-09
Exmouth (incl Harold E. Holt NAVCOMMSTA)	AS 009	150	1-Aug-09
Glenbrook	AS 022	150	1-Aug-09
Learmonth	AS 010	150	1-Aug-09
Melbourne	AS 011	146	1-Aug-09
Narrabri	AS 027	144	1-Aug-09
Newcastle	AS 035	150	1-Aug-09
Nowra (incl Jervis Bay)	AS 013	144	1-Aug-09
Perth (incl Fremantle)	AS 025	146	1-Aug-09
Queenscliff	AS 015	144	1-Aug-09
RAAF Amberley	AS 030	144	1-Aug-09
RAAF Tindal	AS 100	150	1-Aug-09
Richmond	AS 017	150	1-Aug-09
Sydney	AS 019	150	1-Aug-09
Other (ADF Housing)	AS 099	144	1-Aug-09
Other (Non-ADF Housing)	AS 999	144	1-Aug-09
Austria:			
Vienna	AU 005	162	1-Aug-09
Other	AU 999	162	1-Aug-09
Azerbaijan	AJ 999	134	1-Jul-09
Bahamas:			

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Andros Island	BF 003	116	16-Feb-07
Nassau	BF 001	150	16-May-06
Other	BF 999	None	12-May-80
Bahrain	BA 001	120	1-Nov-07
Balearic Islands (See Spain)			
Bangladesh	BG 999	104	16-Mar-08
Barbados	BB 001	146	16-Jul-09
Belarus	BO 999	124	1-Oct-07
Belgium:			
Antwerp	BE 055	158	1-Aug-09
Brabant Prov (incl Brussels)	BE 015	158	1-Aug-09
Fiennes	BE 018	158	1-Aug-09
Hainaut Prov (incl Chievres/SHAPE), BE030	BE 019	144	1-Aug-09
Province of Limburg (Kleine Brogel)	BE 040	152	1-Aug-09
Zeebrugge (incl Oostende)	BE 002	158	1-Aug-09
Other	BE 999	158	1-Aug-09
Belize:			
Belize City	BH 001	132	16-Mar-06
Other	BH 999	132	16-Mar-06
Benin	BN 999	126	1-Aug-09
Bermuda	BD 001	168	16-Nov-08
Bolivia:			
La Paz	BL 001	108	1-Aug-09
Other	BL 999	108	1-Aug-09
Bosnia-Herzegovina	BK 999	116	1-Aug-09
Botswana	BC 999	104	1-Aug-09
Brazil:			
Brasilia	BR 001	132	1-Aug-09
Rio de Janeiro (incl Duque de Caxias)	BR 005	144	1-Aug-09
Sao Paulo	BR 015	144	1-Aug-09
Other	BR 999	132	1-Aug-09
Brunei	BX 999	122	1-Dec-08
Bulgaria	BU 999	134	1-Aug-09
Burkina Faso	UV 999	140	1-Aug-09
Burma	BM 999	122	16-Jun-09
Burundi	BY 999	124	1-Mar-09
Cambodia	CB 999	116	1-May-09
Cameroon	CM 999	158	1-Aug-09
Canada: /3			
Argentina (NL)	CA 003	144	1-Jul-09
Calgary (AB)	CA 091	140	1-Jul-09
Cold Lake (AB)	CA 009	140	1-Jul-09
Comox (incl Nanoose) (BC)	CA 013	156	1-Jul-09
Gagetown (NB)	CA 044	144	1-Jul-09
Greenwood (NS)	CA 025	144	1-Jul-09
Halifax/Dartmouth/Shearwater (NS)	CA 029	144	1-Jul-09
Kingston (ON)	CA 033	136	1-Jul-09
London (ON)	CA 036	136	1-Jul-09
Masset (BC)	CA 037	156	1-Jul-09
Montreal (QC)	CA 089	142	1-Jul-09
North Bay (ON)	CA 045	134	1-Jul-09
Ottawa (ON)	CA 053	136	1-Jul-09
St. Hubert (QC)	CA 061	144	1-Jul-09
Toronto (ON)	CA 069	142	1-Jul-09
Trenton (ON)	CA 073	136	1-Jul-09
Vancouver (BC)	CA 076	156	1-Jul-09
Victoria (incl Esquimalt) (BC)	CA 077	156	1-Jul-09
Winnipeg (MB)	CA 081	140	1-Jul-09
Other	CA 999	136	1-Jul-09
Cape Verde	CV 999	112	1-Apr-09
Central African Republic	CT 999	164	1-Aug-09
Chad	CD 999	150	1-Aug-09
Chile:			
Iquique	CI 005	124	1-Aug-09
Santiago	CI 001	124	1-Aug-09
Vina Del Mar	CI 004	124	1-Aug-09
Other	CI 999	124	1-Aug-09
China:			
Beijing	CH 005	134	16-Jul-09
Other	CH 999	130	1-Aug-09
Colombia:			
Bogota	CO 001	112	1-Aug-09
Cartagena	CO 003	112	1-Aug-09
Other	CO 999	112	1-Aug-09
Congo	CF 999	152	1-Aug-09
Congo, Democratic Republic of (Formerly Zaire)	CG 999	156	1-Dec-08
Costa Rica:			
San Jose	CS 001	116	1-Aug-09
Other	CS 999	116	1-Aug-09
Cote D' Ivoire (formerly Ivory Coast)	IV 999	158	1-Aug-09
Croatia	HR 999	142	1-Aug-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Cuba:			
Havana	CU 001	132	16-Sep-08
Other	CU 999	None	1-Feb-59
Cyprus	CY 999	142	1-Aug-09
Czech Republic:			
Prague	EZ 001	148	1-Aug-09
Other	EZ 999	148	1-Aug-09
Denmark:			
Aalborg	DA 001	180	1-Aug-09
Copenhagen (Island of Zealand)	DA 003	180	1-Aug-09
Karup (incl Baltap and Viborg)	DA 004	180	1-Aug-09
Other	DA 025	180	1-Aug-09
Djibouti	DJ 999	136	16-Oct-03
Dominica	DO 001	122	1-Feb-85
Dominican Republic:			
Santo Domingo	DR 001	138	1-Aug-09
Other	DR 999	138	1-Aug-09
East Timor	TT 999	126	1-Oct-08
Ecuador:			
Quito	EC 005	116	1-Apr-06
Other	EC 999	116	1-Apr-06
Egypt:			
Abu-Hamed	EG 007	104	1-Aug-09
Alexandria	EG 002	104	1-Aug-09
Beni Suef (incl Sakara AB, Jiyanklis)	EG 003	104	1-Aug-09
Cairo	EG 001	104	1-Aug-09
Ismailia	EG 006	104	1-Aug-09
Other	EG 999	104	1-Aug-09
El Salvador	ES 999	120	1-Sep-07
Equatorial Guinea	EK999	158	1-Aug-09
Eritrea	ER 999	124	1-Nov-07
Estonia	EN 999	140	1-Aug-09
Ethiopia	ET 999	118	16-Jul-09
Faroe Islands	FO 999	190	1-Aug-09
Fiji:			
Suva	FJ 001	112	16-Jun-09
Other	FJ 999	112	16-Jun-09
Finland	FI 999	170	1-Aug-09
France:			
Aix-En-Provence	FR 015	184	1-Aug-09
Draguignan	FR 004	184	1-Aug-09
Hyeres	FR 025	184	1-Aug-09
Le Luc	FR 201	184	1-Aug-09
Montpellier	FR 009	184	1-Aug-09
Paris (City of and Environs) 4/	FR 011	184	1-Aug-09
Toulon (incl St. Mandrier)	FR 037	184	1-Aug-09
Toulouse	FR 014	184	1-Aug-09
Other	FR 999	178	1-Aug-09
Gabon	GB 999	172	1-Aug-09
Gambia	GA 998	120	16-Sep-08
Georgia	GG 001	126	16-Nov-08
Germany: 5/			
Ansbach (B)	GM 228	124	1-Aug-09
Augsburg	GM 103	128	1-Aug-09
Babenhausen (H)	GM 301	124	1-Aug-09
Bamberg (B)	GM 229	128	1-Aug-09
Baumholder (RP)	GM 603	124	1-Aug-09
Berlin (BER)	GM 201	162	1-Aug-09
Bonn (incl Koln/Bonn Airport) (NRW)	GM 501	158	1-Aug-09
Borgholzhausen (NRW)	GM 503	124	1-Aug-09
Bremerhaven (BRE) (incl Bremen and Nordholtz)	GM 203	148	1-Aug-09
Buedingen (H) (incl Gelnhausen)	GM 307	124	1-Aug-09
Cologne (NRW) (incl Dellbrueck, Porz-Wahn)	GM 169	158	1-Aug-09
Darmstadt (H)	GM 311	124	1-Aug-09
Dexheim (RP) (incl Gonsenheim and Russelsheim)	GM 663	124	1-Aug-09
Erlensee (H)	GM 313	124	1-Aug-09
Frankfurt Am Main (H)	GM 317	124	1-Aug-09
Freiburg (BW)	GM 067	148	1-Aug-09
Garmisch (B)	GM 121	128	1-Aug-09
Geilenkirchen (NRW)	GM 531	128	1-Aug-09
Giebelstadt (B)	GM 123	124	1-Aug-09
Giessen (H)	GM 323	124	1-Aug-09
Gottingen (LS)	GM 224	148	1-Aug-09
Hamburg (HAM)	GM 205	162	1-Aug-09
Hanau (H)	GM 329	124	1-Aug-09
Hannover (LS) (incl Wunstorf)	GM 407	148	1-Aug-09
Heidelberg (BW)	GM 019	124	1-Aug-09
Hohenfels (B)	GM 230	128	1-Aug-09
Jever AB (LS)	GM 415	148	1-Aug-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Kaiserslautern Military Community (incl Bann, Einsidlerhof, Kaiserslautern, Landstuhl, Miesau, Pirmasens, Ramstein, Ruppertsweiler Sembach, and Zweibruecken) (RP)	GM 700	124	1-Aug-09
Kalkar (NRW)	GM 539	148	1-Aug-09
Karlsruhe (incl Ettlingen) (BW)	GM 027	124	1-Aug-09
Kiel (SH) (incl Eckernforde)	GM 221	148	1-Aug-09
Kitzengen (B) (incl Wuerzburg)	GM 129	124	1-Aug-09
Landsberg (B)	GM 223	158	1-Aug-09
Leipzig (OS)	GM 157	148	1-Aug-09
Mannheim (incl Sandhofen) (BW)	GM 039	124	1-Aug-09
Munchengladbach (NRW) (incl Grefrath, Rheindahlen, and Herongen)	GM 549	128	1-Aug-09
Munich (B) (Incl. Furstenfeldbruck and Ober Pfaffenhofen)	GM 133	158	1-Aug-09
Nurnberg (B)	GM 137	124	1-Aug-09
Oberammergau (incl Oberammergau MOD)	GM 139	128	1-Aug-09
Pfullendorf (BW) (incl Gross Engstingen)	GM 721	148	1-Aug-09
Potsdam (BDG)	GM 816	162	1-Aug-09
Schweinfurt (B)	GM 227	124	1-Aug-09
Spangdahlem (RP)	GM 741	124	1-Aug-09
Stuttgart (BW) 6/	GM 055	124	1-Aug-09
Tubingen (BW)	GM 059	124	1-Aug-09
Ulm (BW) (incl Neu Ulm)	GM 061	124	1-Aug-09
Vilseck / Grafenwoehr (B)	GM 231	128	1-Aug-09
Wiesbaden (incl Bad Kreuznach and Wackernheim) (H)	GM 355	124	1-Aug-09
Wilhelmshaven (LS)	GM 469	148	1-Aug-09
States (localities not listed):			
Other Baden-Wuerttemberg	GM 063	124	1-Aug-09
Other Bavaria (incl Bad Aibling)	GM 153	124	1-Aug-09
Other Hesse	GM 359	124	1-Aug-09
Other Lower Saxony	GM 425	148	1-Aug-09
Other Mecklenburg-Vorpommern	GM 369	148	1-Aug-09
Other North Rhine-Westphalia	GM 573	148	1-Aug-09
Other Rhineland-Palatinate	GM 655	124	1-Aug-09
Other Saarland	GM 207	124	1-Aug-09
Other Saxony	GM 939	148	1-Aug-09
Other Schleswig Holstein	GM 703	148	1-Aug-09
All Other Landstates	GM 999	124	1-Aug-09
Ghana	GH 999	126	16-Feb-09
Gibraltar	GI 001	136	1-Aug-09
Greece:			
Araxos	GR 007	130	1-Aug-09
Attica Department 7/	GR 003	150	1-Aug-09
Larissa (incl Tirnavos)	GR 011	128	1-Aug-09
Souda Bay	GR 001	130	1-Aug-09
Tanagra	GR 015	150	1-Aug-09
Thessaloniki	GR 017	150	1-Aug-09
Other	GR 999	None	1-Aug-09
Grenada	GJ 999	118	16-Dec-08
Guam	GQ 001	126	1-Aug-09
Guatemala:			
Guatemala City	GT 001	116	1-Aug-09
Other	GT 999	116	1-Aug-09
Guinea	GV 999	138	16-Oct-07
Guyana	GY 999	120	16-Oct-08
Haiti:			
Port au Prince	HA 001	122	1-Nov-08
Other	HA 999	122	1-Nov-08
Hawaii--by Island:			
Hawaii Island	HI 001	132	1-May-09
Kauai	HI 003	134	1-May-09
Maui	HI 005	138	1-Jul-09
Molokai	HI 007	138	1-Jul-09
Oahu	HI 009	128	1-May-09
Other Islands	HI 999	None	8-Nov-89
Honduras:			
Tegucigalpa	HO 001	108	1-Aug-09
Other	HO 999	108	1-Aug-09
Hong Kong	HK 001	144	16-Jun-08
Hungary:			
Budapest	HU 001	132	1-Apr-09
Other	HU 999	132	1-Aug-09
Iceland:			
Other (incl Keflavik & Reykjavik)	IC 999	134	1-Aug-09
India:			
Mumbai	IN 050	114	16-Jul-09
New Delhi	IN 001	114	16-Jul-09
Other	IN 999	114	16-Jul-09
Indonesia:			
Jakarta	ID 001	120	1-Nov-07
Other	ID 999	120	1-Nov-07
Iran	IR 999	None	19-Mar-82
Iraq	IZ 999	None	16-Jan-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Ireland:			
Dublin	EI 001	170	1-Aug-09
Other	EI 999	170	1-Aug-09
Israel	IS 001	140	1-Aug-09
Italy:			
Aviano	IT 001	138	1-Aug-09
Bologna	IT 005	140	1-Aug-09
Brindisi (incl San Vito Dei Normanni)	IT 007	154	1-Aug-09
Florence	IT 022	154	1-Aug-09
Gaeta	IT 025	150	1-Aug-09
Ghedi	IT 027	154	1-Aug-09
Istrana AB	IT 028	132	1-Aug-09
La Maddalena	IT 029	164	1-Aug-09
La Spezia (incl Varignano)	IT 031	140	1-Aug-09
Latina	IT 033	154	1-Aug-09
Livorno (incl Camp Darby)	IT 035	140	1-Aug-09
Milan	IT 038	168	1-Aug-09
Naples	IT 055	146	1-Aug-09
Parma	IT 054	154	1-Aug-09
Pisa	IT 059	140	1-Aug-09
Poggio Renatico	IT 062	154	1-Aug-09
Rome (incl Ciampino Airport)	IT 063	160	1-Aug-09
Siena	IT 064	154	1-Aug-09
Signonella	IT 067	148	1-Aug-09
Solbiate	IT 066	168	1-Aug-09
Taranto (incl Grottaglie)	IT 068	154	1-Aug-09
Trapani	IT 070	154	1-Aug-09
Verona	IT 071	146	1-Aug-09
Vicenza (incl Longare)	IT 073	132	1-Aug-09
Other	IT 100	132	1-Aug-09
Jamaica:			
Kingston	JM 001	130	16-Sep-08
Other	JM 999	130	16-Sep-08
Japan: 8/			
Atsugi (incl Totsuka) (KA)	JA 041	148	1-Aug-09
Camp Fuji (SH)	JA 067	140	1-Aug-09
Camp Zama (KA)	JA 045	148	1-Aug-09
Eta Jima Island (incl Akizuki)(HI)	JA 003	178	1-Aug-09
Gifu (GI)	JA 009	200	1-Aug-09
Hamamatsu (SH)	JA 011	200	1-Aug-09
Hyakuri AB (IB)	JA 015	200	1-Aug-09
Iwakuni (YA)	JA 019	142	1-Aug-09
Kamiseya (KA)	JA 049	148	1-Aug-09
Kawasaki (KA)	JA 016	164	1-Aug-09
Kichijoji (KA)	JA 073	140	1-Aug-09
Komaki (AI)	JA 022	200	1-Aug-09
Kumamoto City	JA 018	182	1-Aug-09
Kure (HI)	JA 021	178	1-Aug-09
Kyoto (KY)	JA 072	200	1-Aug-09
Misawa (AO)	JA 023	144	1-Aug-09
Nyutabaru AB (MI)	JA 029	200	1-Aug-09
Okinawa (OK)	JA 027	144	1-Aug-09
Osaka-Kobe (OS & HY)	JA 031	200	1-Aug-09
Sapporo (HK)	JA 069	200	1-Aug-09
Sasebo (NA)	JA 035	148	1-Aug-09
Sendai (MG)	JA 052	182	1-Aug-09
Shariki (AO)	JA 106	172	1-Aug-09
Tokyo (TO) 9/	JA 053	182	1-Aug-09
Yokohama (KA)	JA 057	164	1-Aug-09
Yokosuka (KA)	JA 061	156	1-Aug-09
Yokota (TO)	JA 065	140	1-Aug-09
Other Chiba Pref (incl Narita Intl AP)	JA 007	140	1-Aug-09
Other Kanagawa Pref (KA)	JA 998	140	1-Aug-09
Other Saitama (SA)	JA 033	140	1-Aug-09
Other Tokyo Pref (TO)	JA 077	140	1-Aug-09
Other Locations	JA 080	172	1-Aug-09
Jerusalem	JS 999	140	1-Aug-09
Jordan:			
Amman	JO 003	126	16-Mar-08
Other	JO 999	126	16-Mar-08
Kampuchea (see Cambodia)			
Kazakhstan	KZ 999	120	1-May-09
Kenya:			
Kisumu	KE 011	114	1-Aug-09
Mombasa	KE 001	114	1-Aug-09
Nairobi	KE 003	114	1-Aug-09
Other	KE 999	114	1-Aug-09
Korea: 11/			
Camp Humphreys (formerly Pyongtaek)	KS 035	102	1-Aug-09
Chinhae	KS 005	102	1-Aug-09
Chunchon	KS 007	102	1-Aug-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Daegu/Waegwan (incl Camps Carroll, Henry, & Walker)	KS 045	102	1-Aug-09
Dongducheon (incl. Camp Casey)	KS 177	102	16-Jan-08
Inchon	KS 010	102	1-Aug-09
Kimhae	KS 015	108	1-Aug-09
Kunsan AB	KS 070	102	1-Aug-09
Kwanju AB	KS 017	102	1-Aug-09
Munsan	KS178	102	1-Aug-09
Osan AB (Incl Yongin)	KS 025	102	1-Aug-09
Pusan	KS 030	108	1-Aug-09
Seoul (K-16Fld/C.Mercer/SiteTango&33) /11 KS175	KS 140	114	1-Aug-09
Suwon	KS 050	102	1-Aug-09
Taejon	KS 047	102	1-Aug-09
Uijungbu	KS 176	102	16-Jan-08
Weonju	KS 065	102	1-Aug-09
Other	KS 999	102	1-Aug-09
Kosovo	KV 999	106	1-Aug-09
Kuwait	KU 999	132	1-Aug-09
Kyrgyzstan	KG 999	114	16-Jun-09
Laos	LA 999	118	1-Apr-05
Latvia	LG 999	152	1-Aug-09
Lebanon:			
Beirut	LE 001	114	16-Feb-09
Other	LE 999	None	1-Sep-87
Lesotho	LT 999	124	1-Oct-07
Liberia	LI 999	128	1-Mar-08
Libya	LY 999	110	1-May-07
Lithuania	LH 999	142	1-Aug-09
Luxembourg	LU 001	156	1-Aug-09
Macedonia	MK 999	120	1-Aug-09
Madagascar	MA 999	132	16-Jul-08
Malawi	MI 999	128	1-May-09
Malaysia:			
Kuala Lumpur	MY 001	120	16-Jul-09
Other	MY 999	120	16-Jul-09
Mali	ML 999	142	1-Aug-09
Malta	MT 999	140	1-Aug-09
Marshall Islands:			
Majuro	RM 003	124	1-Nov-08
Other	RM 999	108	1-Jan-02
Mauritania	MR 999	120	1-May-09
Mauritius	MP 999	108	16-Jun-09
Mexico:			
Guadalajara	MX 005	102	16-Jun-09
Mexico City	MX 455	102	16-Jun-09
Monterrey	MX 500	102	16-Jun-09
Veracruz	MX 015	102	16-Jun-09
Other	MX 999	102	16-Jun-09
Micronesia, Federated States of:			
Kosrae	FM 009	108	16-May-09
Moen	FM 001	108	16-May-09
Pohnpei	FM 003	108	16-May-09
Truk (Chuuk)	FM 005	108	16-May-09
Yap	FM 007	108	16-Jul-99
Other	FM 999	None	1-Feb-59
Moldova	MD 999	124	1-Nov-08
Mongolia	MG 999	108	1-Aug-09
Montenegro	MJ 999	116	1-Aug-09
Morocco	MO 999	134	1-Aug-09
Mozambique	MZ 999	120	1-Oct-08
Namibia	WA 999	106	1-Aug-09
Nepal	NP 999	110	1-May-04
Netherlands:			
Almelo	NL 041	150	1-Aug-09
Amsterdam	NL 033	170	1-Aug-09
Arnhem	NL 065	150	1-Aug-09
Coevorden	NL 035	144	1-Aug-09
Delft	NL 050	172	1-Aug-09
Den Helder	NL 001	150	1-Aug-09
Doorn	NL 003	150	1-Aug-09
Eindhoven	NL 007	150	1-Aug-09
Hague, The	NL 009	172	1-Aug-09
Province of Friesland (incl Leeuwarden)	NL 070	150	1-Aug-09
Province of Limburg (incl. Brunssum/Schinnen)	NL 015	142	1-Aug-09
Rotterdam	NL 017	150	1-Aug-09
Soesterberg AB	NL 021	150	1-Aug-09
Valkenburg (Incl Leiden)	NL 025	172	1-Aug-09
Volkel	NL 027	144	1-Aug-09
Other	NL 999	150	1-Aug-09
Netherlands Antilles	NT 999	138	1-Apr-09
New Zealand:			
Christchurch	NZ 003	146	1-Aug-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Wellington	NZ 006	146	1-Aug-09
Other	NZ 999	146	1-Aug-09
Nicaragua	NU 999	106	1-Aug-09
Niger	NG 999	140	1-Aug-09
Nigeria			
Abuja	NI 001	142	1-Jun-09
Lagos	NI 500	120	1-Feb-09
Other	NI 999	142	1-Jun-09
Northern Mariana Islands:			
Saipan	CQ 001	132	1-Jul-09
Other	CQ 999	124	16-Nov-04
Norway:			
Bergen	NO 016	170	1-Jul-09
Bodo	NO 007	170	1-Jul-09
Oslo (incl Kolsas and Osteraas)	NO 001	170	1-Jul-09
Rygge	NO 005	170	1-Jul-09
Stavanger (incl Sola AS)	NO 021	160	1-Jul-09
Trondheim	NO 025	170	1-Jul-09
Other	NO 003	160	1-Jul-09
Oman	MU 999	132	1-Aug-08
Pakistan:			
Islamabad	PK 005	116	1-Apr-05
Peshawar	PK 001	108	1-Jun-04
Other	PK 999	116	1-Apr-05
Palau	PS 017	112	16-Apr-09
Panama:			
Canal Area/Panama City	PM 004	116	16-Mar-09
Other	PM 999	116	16-Mar-09
Papua New Guinea	PP 999	128	16-Oct-03
Paraguay:			
Asuncion	PA 003	116	16-Jul-09
Other	PA 999	116	16-Jul-09
Peru:			
Lima	PE 005	134	16-Jul-09
Other	PE 999	134	16-Jul-09
Philippines:			
Bulacan	RP 003	112	1-Aug-09
Manila (incl Rizal Prov), RP701	RP 005	112	1-Aug-09
Other	RP 999	None	16-May-09
Poland:			
Krakow	PL 005	138	1-Aug-09
Warsaw	PL 001	138	1-Aug-09
Other	PL 999	138	1-Aug-09
Portugal (incl Azores):			
Azores	PO 015	124	1-Aug-09
Lisbon 10/	PO 002	142	1-Aug-09
Other	PO 999	124	1-Aug-09
Puerto Rico:			
Aguadilla (incl CG AS Borinquen), RQ751	RQ 001	116	1-Dec-08
Arecibo	RQ 005	116	1-Dec-08
Caguas	RQ 015	116	1-Dec-08
Cayey	RQ 025	116	1-Dec-08
Fajardo	RQ 030	116	1-Dec-08
Guayama	RQ 040	116	1-Dec-08
Guaynabo	RQ 045	116	1-Aug-08
Humaco	RQ 050	116	1-Dec-08
Isabela	RQ 053	116	1-Dec-08
Luquillo	RQ 055	116	1-Dec-08
Mayaguez	RQ 060	116	1-Dec-08
Ponce (incl Ft. Allen and Camp Santiago)	RQ 065	116	1-Dec-08
Roosevelt Roads	RQ 070	116	1-Dec-08
Sabana Seca	RQ 075	116	1-Aug-08
San Juan (incl Bayamon, Carolina, and Fort Buchanan)	RQ 080	116	1-Aug-08
Vega Baja	RQ 085	116	1-Dec-08
Other	RQ 999	116	1-Dec-08
Qatar	QA 999	126	1-Feb-08
Romania	RO 999	152	1-Aug-09
Russia:			
Moscow	RS 001	130	1-Aug-09
St. Petersburg	RS 004	126	1-Aug-09
Other	RS 999	120	1-Aug-09
Rwanda	RW 999	124	16-Jun-09
Saint Kitts and Nevis	SC 999	116	1-Feb-92
Saint Lucia	ST 001	120	1-Feb-92
Saint Vincent and the Grenadines	VC 999	120	1-Feb-92
Samoa	WS 999	126	16-Jul-06
Saudi Arabia:			
Jeddah	SA 003	118	1-Jun-09
Other	SA 999	118	1-Jun-09
Senegal	SG 999	144	1-Aug-09
Serbia:			

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Belgrade	RB 060	112	1-Aug-09
Other	RB 999	112	1-Aug-09
Seychelles	SE 999	None	1-Aug-09
Sierra Leone	SL 999	124	1-Mar-09
Singapore	SN 001	150	1-Aug-09
Slovakia	LO 999	146	1-Aug-09
Slovenia	SI 999	144	1-Aug-09
Somalia	SO 999	122	1-Aug-03
South Africa			
Cape Town	SF 002	140	1-Aug-09
Johannesburg	SF 005	138	1-Aug-09
Pretoria	SF 100	138	1-Aug-09
Other	SF 999	138	1-Aug-09
Spain:			
Albacete	SP 016	142	1-Aug-09
Barcelona	SP 008	150	1-Aug-09
Cadiz	SP 005	134	1-Aug-09
Canary Islands	SP 004	None	1-Aug-09
El Ferrol	SP 007	150	1-Aug-09
Estartit	SP 009	150	1-Aug-09
Granada	SP 014	142	1-Aug-09
Madrid	SP 017	150	1-Aug-09
Moron AB	SP 018	142	1-Aug-09
Rota	SP 019	134	1-Aug-09
San Javier	SP 022	150	1-Aug-09
Seville	SP 012	142	1-Aug-09
Sonseca	SP 023	150	1-Aug-09
Valencia	SP 060	150	1-Aug-09
Zaragoza	SP 027	150	1-Aug-09
Other	SP 999	142	1-Aug-09
Sri Lanka (Ceylon)	CE 999	102	16-Apr-09
Sudan	SU 999	120	1-Aug-09
Suriname	NS 999	112	16-Sep-04
Swaziland	WZ 999	114	1-Aug-09
Sweden:			
Malmo	SW 003	154	1-Aug-09
Stockholm	SW 001	154	1-Aug-09
Other	SW 999	154	1-Aug-09
Switzerland:			
Bern	SZ 001	210	1-Aug-09
Geneva	SZ 005	210	1-Aug-09
Zurich	SZ 009	210	1-Aug-09
Other	SZ 999	210	1-Aug-09
Syria	SY 999	106	16-Jul-09
Taiwan	TW 999	150	1-Jul-09
Tajikistan	TI 999	112	1-Apr-09
Tanzania	TZ 999	124	1-Nov-08
Thailand:			
Bangkok, TH075	TH 001	128	1-Aug-09
Other	TH 011	118	1-Aug-09
Togo	TO 999	130	1-Aug-09
Trinidad and Tobago:			
Port of Spain	TD 001	126	16-Apr-09
Other	TD 999	126	16-Apr-09
Tunisia	TS 999	110	1-Aug-09
Turkey:			
Adana (incl Incirlik AB)	TU 001	114	1-Aug-09
Ankara	TU 003	124	1-Aug-09
Istanbul	TU 005	118	1-Aug-09
Izmir	TU 007	116	1-Aug-09
Other	TU 999	110	1-Aug-09
Turkmenistan	TX 999	148	1-Nov-08
Turks and Caicos Islands	TK 999	154	1-Feb-92
Uganda	UG 999	112	1-Jul-09
Ukraine	UP 999	132	1-Aug-09
United Arab Emirates:			
Abu Dhabi	TC 001	126	16-Sep-07
Dubai	TC 014	134	1-Nov-07
Fujairah	TC 024	126	16-Sep-07
Other	TC 999	126	16-Sep-07
United Kingdom:			
Alconbury / Molesworth (E) 14/	UK 001	130	1-Aug-09
Bath (E) 15/	UK 058	140	1-Aug-09
Cambridge (E)	UK 153	130	1-Aug-09
Fairford (E) 16/	UK 251	136	1-Aug-09
Harrogate / Menwith Hill (E) 17/	UK 313	130	1-Aug-09
Helston (E)	UK 318	140	1-Aug-09
High Wycombe / Daws Hill (E) 18/	UK 319	144	1-Aug-09
Lakenheath / Mildenhall (E) 19/	UK 352	130	1-Aug-09
London, Central (E) 12/	UK 380	154	1-Aug-09
London (incl Metro Traffic Area) (E) 13/	UK 388	136	1-Aug-09

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
Oxford (E) 21/	UK 490	136	1-Aug-09
Plymouth (E) 22/	UK 496	140	1-Aug-09
Portland (E) 23/	UK 508	140	1-Aug-09
Portsmouth (E) 24/	UK 514	140	1-Aug-09
RAF Digby Military Community (E), UK 863 26/	UK 865	140	1-Aug-09
Rochester (E) 27/	UK 517	140	1-Aug-09
Salisbury / Wilton (E), UK521 28/	UK 518	136	1-Aug-09
St. Mawgan (E), UK497 29/	UK 559	138	1-Aug-09
Yeovilton (E) 30/	UK 676	140	1-Aug-09
Other England (E)	UK 883	140	1-Aug-09
Scotland	UK 884	142	1-Aug-09
Wales	UK 885	142	1-Aug-09
Uruguay:			
Montevideo	UY 003	114	1-Aug-09
Other	UY 999	114	1-Aug-09
Uzbekistan	UZ 999	108	1-May-09
Venezuela:			
Caracas	VE 001	138	1-Nov-08
Maracay	VE 003	138	1-Nov-08
Other	VE 999	None	16-Feb-08
Vietnam	VM 999	114	16-Apr-08
Virgin Islands of the U.S.:			
St. Croix	VQ 001	126	16-Nov-07
St. Thomas	VQ 005	130	16-Aug-07
Other	VQ 999	126	16-Nov-07
Yemen	YM 999	120	16-Feb-02
Zambia	ZA 999	118	16-Jul-09
Zimbabwe	ZI 999	140	1-Aug-08

### Footnotes

1/ Where more than one locality code is shown, see Appendix K for appropriate code.

2/ Cost-of-living Allowance Index "NONE" is prescribed for personnel assigned to the following specific duty stations: Adak Station, USCG Loran Station Attu, Cold Bay AFS, Campion AFS, Cape Lizburne AFS, Cape Newenham AFS, Cape Romanzof AFS, Deadhorse Airport, Fort Yijon AFS, Galena AFS, Indian Mountain AFS, Kotzebue AFS, Murphy Dome AFB, USCG Loran Station Port Clarence, Shemya AFB, Sparrevohn AFS, USCG Loran Station St. Paul Island, Tatalina AFS, and Tin City FS, Alaska.

3/ Abbreviations for Canadian Provinces: Alberta (AB), British Columbia (BC), Manitoba (MB), New Brunswick (NB), Newfoundland and Labrador (NL), Northwest Territories (NT), Nova Scotia (NS), Nunavut (NU), Ontario (ON), Prince Edward Island (PE), Quebec (QC), Saskatchewan (SK), Yukon (YT)

4/ As used in this Appendix, the term "Paris (Environs)" is comprised of the Departments of Essone, Hauts-de-Seine, Seine-St. Denis, Val-de-Marne, Val-d'oise, and Yvelines.

5/ Abbreviations for German States: Baden-Wuerttemberg (BW), Bavaria (B), Hesse (H), Lower Saxony (LS), North Rhine Westphalia (NRW), Other Saxony (OS), Rhineland Palantinate (RP), Saarland (S), and Schleswig Holstein (SH).

6/ Bad Cannstatt, Boeblingen, Echterdingen, Ludwigsburg, Moehringen, Nellingen, Sindelfingen, Vaihingen and Zuffenhusen (Headquarters, United States European Command) are all within the Stuttgart Military Community.

7/ Attica Department includes Athens and Mt. Pateras (1 Sept 1999)

8/ Abbreviations for Japanese Prefectures: Aichi (AI), Aomori (AO), Chiba (CH), Fukuoka (FU), Gifu (GI), Hiroshima (HI), Hokkaido (HK), Hyogo (HY), Ibaraki (IB), Kanagawa (KA), Miyagi (MG), Miyazaki (MI), Nagasaki (NA), Okinawa (OK), Okayama (OY), Osaka (OS), Saitama (SA), Shizuoka (SH), Tokyo (TO), and Yamaguchi (YA).

9/ As used in this Appendix, the term "Tokyo" is limited to that area falling within the following named special wards (KU): Adachi, Arakawa, Bunkyo, Chiyoda, Chuo, Edogawa, Itabashi, Katsushika, Kita, Koto, Meguro, Minato, Nakano, Nerima, Ota, Setagaya, Shibuya, Shinagawa, Shinjuku, Suginami, Sumida, Taito, and Toshima.

10/ Lisbon includes the City of Lisbon, Alverca, Cascais, Estoril and Oeiras.

11/Effective 2 March 2009, footnote 11 prescribes applicable Cost-of-Living Allowances for members permanently assigned to Dongducheon and Uijungbu, Korea (Area I), on a two year, accompanied command sponsored tour who elect to bring their dependents with them. In order to be authorized allowances other than the member's permanent duty station, the Service concerned must have already issued a Secretarial Overseas Housing Allowance (OHA) waiver allowing the member to draw OHA for the dependents' location in Korea when dependents reside at a location other than member's permanent duty station. Such members are authorized Cost-of-Living Allowance prescribed for member's dependents location within Korea in lieu of member's permanent duty station. In order to be authorized COLA under this footnote, the Command must certify that the member's dependents have a legitimate OHA lease for an area in Korea other than Dongducheon and Uijungbu (Area I) and are not residing at member's permanent duty station. No other members assigned to Korea are entitled to allowances payable under this footnote.

Locality	Locality Code /1	NEW RATES	
		Index	Eff Date
12/ Central London, locality code UK380, includes the Cities of London and Westminster plus the boroughs of Barking and Dagenham, Barnet, Bexley, Brent, Bromley, Camden, Croydon, Ealing, Enfield, Greenwich, Hackney, Hammersmith and Fulham, Haringey, Harrow, Havering, Hillingdon, Hounslow, Islington, Kensington and Chelsea, Kingston-upon-Thames, Lambeth, Lewisham, Merton, Newham, Redbridge, Richmond-upon-Thames, Southwark, Sutton, Tower Hamlets, Waltham Forest and Wandsworth.			
13/ Metropolitan London, locality code 388, constitutes the former Metropolitan Traffic Area, less Central London, High Wycombe, and Daws Hill.			
14/ Alconbury includes Chicksands, Cottesmore, Leicester, Molesworth, RAF Henlow, and Wyton.			
15/ Bath includes Bristol and Corsham.			
16/ Fairford includes Barford St. John, Bicester, Bromsgrove, Cheltenham, Croughton, Donnington, Gloucester, Innsowth, Little Rissington, Lyneham, RAF Brize Norton, Swindon and Upper Heyford.			
17/ Harrogate / Menwith Hill includes RAF Leeming.			
18/ High Wycombe/Daws Hill includes Aldershot, Bracknell, Camberley, Farnborough, Guildford, RAF Halton			
19/ Lakenheath/Mildenhall includes RAF Marham and RAF Wattisham.			
21/ Oxford includes RAF Benson.			
22/ Plymouth includes Dartmouth, Drake, Hillhead, Great Torrington, Torpoint and Wembury.			
23/ Portland includes Bovington, Lympstone, Poole and Weymouth.			
24/ Portsmouth includes Alverstoke, Gosham, Emsworth, Fareham, Gosport, Hythe, Lee on Solent, Marchwood and Southwick.			
26/ RAF Digby Military Community includes Coningsby, Cranwell, Kirton in Lindsey, Nocton Hall, Scampton and Waddington.			
27/ Rochester includes Ashford, Chattenden, Dover and Swingate.			
28/ Salisbury/Wilton includes Andover, Middle Wallop, Petersfield, Pewsey, RAF Boscombe Down, Shaftsbury Stockbridge, Tidworth, Winchester and Wincombe.			
29/ St. Mawgan includes Newquay.			
30/ Yeovilton includes Blandford, Ilchester, Taunton and Warminster.			



















