

*** COST-OF-LIVING ALLOWANCE INDEXES**

Changes Effective 16 December 2000

TABLE III - COST-OF-LIVING ALLOWANCES (COLAs)

A. General. This Table alphabetically lists all OCONUS areas presently authorized COLAs. Where a country or island is listed, it includes all territories within the boundaries of that country or island including any offshore islands in the same general vicinity. It won't include territories or possessions located elsewhere even though considered an integral part of the parent country or island. In such cases, cost data pertinent to the remote territories and possessions are used in determining the indexes for those remote areas. When a political subdivision smaller than a country is named, such as: state, city, province, department, town, village, etc., it includes the corporate limits of the political subdivision or the territory limits within its normal boundary if it isn't incorporated. Named posts, camps or stations include the area within their fixed boundaries. In cases of doubt, the "All Places Not Listed" rates will be used. Data and particulars involving the doubtful case should be forwarded for resolution to PDTATAC.

B. Area Listing. Footnotes are published at the end of the listing.

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
All Places Not Listed		None	01-Nov-82
Afghanistan	AF999	118	01-Feb-92
Alaska:2/			
Adak22/	AK001	None	11-Aug-89
Anchorage15/	AK005	114	01-Oct-99
Barrow16/	AK013	138	01-Oct-99
Bethel16/	AK017	138	01-Oct-99
Clear AFS17/	AK020	112	01-Oct-99
College18/	AK021	112	01-Oct-99
Cordova28/	AK025	128	16-Apr-98
Deadhorse	AK028	None	11-Aug-89
Delta Junction19/	AK029	110	01-Oct-98
Dillingham16/	AK033	138	01-Oct-99
Eielson AFB18/	AK041	112	01-Mar-95
Elmendorf AFB15/	AK045	114	01-Oct-99
Fairbanks18/	AK049	112	01-Oct-99
Ft. Greely19/	AK053	110	01-Oct-98
Ft. Richardson15/	AK057	114	01-Oct-99
Ft. Wainwright18/	AK061	112	01-Oct-99
Galena16/	AK065	138	01-Oct-99
Homer28/	AK073	124	01-Jun-99
Juneau20/	AK077	126	01-Oct-99
Kenai28/	AK081	124	01-Jun-99
Ketchikan20/	AK085	126	01-Feb-97
King Salmon	AK309	None	11-Aug-89
Kodiak21/	AK089	126	01-Jun-99
Kotzebue16/	AK093	136	01-Jun-99
Metlakatla16/	AK327	138	01-Oct-99
Murphy Dome	AK099	None	11-Aug-89
Nome16/	AK101	138	01-Oct-99
Petersburg29/	AK113	128	01-Jun-99
Seward24/	AK133	124	01-Jun-99
Shemya AFB	AK136	None	11-Aug-89
Sitka-Mt. Edgecombe20/	AK145	126	01-Jun-99

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Locality	Locality Code 1/	Cost-of-Living Allowances	
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Spruce Cape21/	AK153	118	01-Oct-92
Tok27/	AK162	122	16-Jan-99
Unalaska22/	AK163	118	16-Jul-96
Valdez28/	AK161	118	16-Apr-98
Wainwright16/	AK165	138	01-Oct-99
Wasilla/18	AK168	114	01-Oct-99
Other16/	AK177	138	01-Oct-99
Albania	AL999	None	01-Feb-59
Algeria	AG999	116	01-Sep-93
American Samoa	AQ001	110	16-Feb-97
Angola	AO999	144	01-Jan-98
Antigua and Barbuda	AC001	120	01-May-94
Argentina:			
Buenos Aires	AR012	130	01-Sep-00
Other	AR999	130	01-Sep-00
Armenia	AM999	108	01-Apr-98
Australia:			
Adelaide (incl Edinburgh)	AS023	108	16-Dec-00
Alice Springs	AS001	106	16-Dec-00
Brisbane	AS039	108	16-Dec-00
Canberra	AS005	108	16-Dec-00
Darwin	AS037	108	16-Dec-00
Exmouth (incl Harold E. Holt NAVCOMMSTA)	AS009	114	16-Dec-00
Glenbrook	AS022	118	16-Dec-00
Learmonth	AS010	114	16-Dec-00
Melbourne	AS011	108	16-Dec-00
Narrabri	AS027	108	16-Dec-00
Newcastle	AS035	118	16-Dec-00
Nowra (incl Jervis Bay)	AS013	108	16-Dec-00
Perth (incl Fremantle), AS050,	AS025	108	16-Dec-00
Queenscliff	AS015	108	16-Dec-00
RAAF Amberley	AS030	108	16-Dec-00
RAAF Tindal	AS100	108	16-Dec-00
Richmond	AS017	118	16-Dec-00
Sydney	AS019	118	16-Dec-00
Woomera	AS021	116	16-Dec-00
Other	AS099	108	16-Dec-00
Austria:			
Innsbruck	AU007	122	16-Dec-00
Linz	AU009	122	16-Dec-00
Salzburg	AU001	122	16-Dec-00
Stainach	AU003	122	16-Dec-00
Vienna	AU005	122	16-Dec-00
Other	AU999	122	16-Dec-00
Azerbaijan	AJ999	122	16-Jan-99
Bahamas:			
Andros Island	BF003	None	12-May-80
Grand Bahama Island	BF006	142	01-Jul-92
Nassau	BF001	156	01-Aug-99
Other	BF999	None	12-May-80
Bahrain	BA001	132	01-Oct-98

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		Index	Eff Date
Balearic Islands (See Spain)			
Bangladesh	BG999	110	16-Sep-00
Barbados	BB001	138	01-Mar-96
Belarus	BO999	126	16-Aug-98
Belgium:			
Antwerp	BE055	118	16-Dec-00
Brabant Prov (incl Brussels)	BE015	118	16-Dec-00
Hainaut Prov (incl Chievres/SHAPE), BE030,	BE019	112	16-Dec-00
Province of Limburg (Kleine Brogel)	BE040	116	16-Dec-00
Zeebrugge	BE002	118	16-Dec-00
Other	BE999	118	16-Dec-00
Belize:			
Belize City	BH001	120	16-Jun-99
Other	BH999	120	16-Jun-99
Bermuda	BD001	146	16-Apr-95
Bolivia:			
La Paz	BL001	102	16-Dec-99
Other	BL999	102	16-Dec-99
Bosnia-Herzegovina	BK999	108	01-Oct-96
Botswana	BC999	106	16-Dec-98
Brazil:			
Brasilia	BR001	118	16-Sep-98
Rio de Janeiro (incl Duque de Caxias)	BR005	136	16-Mar-97
Sao Paulo	BR015	136	01-Jul-96
Other	BR999	118	16-Sep-98
Bulgaria	BU999	102	16-Aug-00
Burkina (formerly Upper Volta)	UV999	None	01-May-00
Burma	BM999	110	01-Jul-99
Burundi	BY999	132	16-Nov-00
Cambodia	CB999	116	01-Jul-99
Cameroon	CM999	114	16-Dec-00
Canada:			
Argentia	CA003	104	16-Nov-00
Calgary	CA091	102	16-Nov-00
Cold Lake	CA009	102	16-Nov-00
Comox	CA013	106	01-Dec-00
Edmonton	CA017	102	16-Nov-00
Gagetown	CA044	104	16-Nov-00
Gander	CA023	110	01-Dec-00
Greenwood	CA025	110	01-Dec-00
Halifax/Dartmouth/Shearwater	CA029	110	01-Dec-00
Kingston	CA033	102	16-Nov-00
Masset	CA037	112	01-Dec-00
Montreal	CA089	102	16-Nov-00
Nanoose (BC)	CA083	106	01-Dec-00
North Bay	CA045	104	01-Dec-00
Ottawa	CA053	102	16-Nov-00
Shelburne	CA057	102	16-Nov-00
St. Hubert	CA061	102	16-Nov-00
Toronto	CA069	102	16-Nov-00
Trenton	CA073	102	16-Nov-00

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Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Vancouver (BC)	CA076	122	01-Dec-00
Victoria (incl Esquimalt)	CA077	110	01-Dec-00
Winnipeg30/	CA081	102	01-Dec-00
Other	CA999	102	16-Nov-00
Central African Republic	CT999	116	16-Dec-00
Chad	CD999	None	16-Aug-00
Chile:			
Santiago	CI001	128	01-Oct-99
Vina Del Mar	CI004	128	01-Oct-99
Other	CI999	128	01-Oct-99
China:			
Beijing	CH005	116	16-Aug-98
Shanghai	CH011	116	01-Sep-98
Other	CH999	116	01-Mar-97
Colombia:			
Bogota	CO001	118	01-Jul-98
Other	CO999	118	01-Feb-98
Congo	CF999	136	16-Dec-00
Congo, Democratic Republic of (Formerly Zaire)	CG999	196	16-Aug-00
Costa Rica:			
San Jose	CS001	112	16-Sep-00
Other	CS999	112	16-Sep-00
Cote D' Ivoire (formerly Ivory Coast)	IV999	106	16-Dec-00
Croatia	HR999	116	01-Aug-00
Cuba:			
Havana	CU001	144	16-Jul-99
Other	CU999	None	01-Feb-59
Cyprus	CY999	None	01-Oct-00
Czech Republic:			
Prague	EZ001	None	01-Apr-00
Other	EZ999	None	01-Apr-00
Denmark:			
Aalborg	DA001	126	16-Dec-00
Copenhagen (Island of Zealand)	DA003	130	16-Dec-00
Karup (incl Baltap and Viborg)	DA004	126	16-Dec-00
Other	DA025	126	16-Dec-00
Djibouti	DJ999	154	01-Jul-99
Dominica	DO001	122	01-Feb-85
Dominican Republic:			
Santo Domingo	DR001	122	01-Jan-00
Other	DR999	122	01-Jan-00
East Timor	TT999	None	16-Aug-00
Ecuador:			
Quito	EC005	None	01-Feb-59
Other	EC999	None	01-Feb-59
Egypt:			
Abu-Hamed	EG007	120	01-Dec-99
Alexandria	EG002	120	01-Dec-99
Beni Suef (incl Sakara AB, Jiyanklis)	EG003	120	01-Dec-99
Cairo	EG001	120	01-Dec-99
Ismailia	EG006	120	01-Dec-99

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Locality	Locality Code 1/	Cost-of-Living Allowances	
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Other	EG999	None	16-Nov-92
El Salvador	ES999	108	16-Nov-96
Eritrea	ER999	108	01-May-00
Estonia	EN999	102	16-May-00
Ethiopia	ET999	108	16-Aug-97
Faeroe Islands	FO999	134	16-Dec-00
Fiji:			
Suva	FJ001	None	16-Jun-98
Other	FJ999	None	16-Jun-98
Finland	FI999	118	16-Dec-00
France:			
Aix-En-Provence	FR015	132	16-Dec-00
Draguignan	FR004	132	16-Dec-00
Hyeres	FR025	132	16-Dec-00
Le Luc	FR201	132	16-Dec-00
Montpellier	FR009	132	16-Dec-00
Paris (City of and Environs)3/	FR011	132	16-Dec-00
Toulon (incl St. Mandrier)	FR037	132	16-Dec-00
Other	FR999	126	16-Dec-00
Gabon	GB999	126	16-Dec-00
Georgia	GG999	112	01-Sep-97
Germany:			
Ansbach (B)	GM228	108	16-Dec-00
Aschaffenburg (B)	GM101	108	16-Dec-00
Augsburg (incl Landsberg) (B)	GM103	112	16-Dec-00
Babenhausen (H)	GM301	108	16-Dec-00
Bad Aibling (B)	GM162	112	16-Dec-00
Bad Kreuznach (RP)	GM601	108	16-Dec-00
Bamberg (B)	GM229	108	16-Dec-00
Bann (RP)	GM212	108	16-Dec-00
Baumholder (RP)	GM603	108	16-Dec-00
Berlin (Western Sectors)	GM201	120	16-Dec-00
Bielefeld (incl Detmold) (NRW)	GM511	112	16-Dec-00
Bindlach (B)	GM109	108	16-Dec-00
Birkenfeld (RP)	GM605	108	16-Dec-00
Bitburg (RP)	GM740	108	16-Dec-00
Bonn (incl Koln/Bonn Airport) (NRW)	GM501	120	16-Dec-00
Borgholzhausen (NRW)	GM503	108	16-Dec-00
Braunschweig	GM705	112	16-Dec-00
Bremen (incl Bremerhaven and Nordholtz)	GM203	112	16-Dec-00
Bueckenburg (LS)	GM401	112	16-Dec-00
Buedingen (H)	GM307	108	16-Dec-00
Burbach (NRW)	GM507	112	16-Dec-00
Cologne (inc Dellbrueck, Porz-Wahn)(NRW)	GM169	120	16-Dec-00
Darmstadt (H)	GM311	108	16-Dec-00
Dexheim (RP)	GM663	108	16-Dec-00
Donueschingen (BW)	GM071	112	16-Dec-00
Eckstein (Rimbach) (B)	GM111	108	16-Dec-00
Einsidlerhof (RP)	GM609	108	16-Dec-00
Erding (B)	GM165	112	16-Dec-00
Erlansee (H)	GM313	108	16-Dec-00

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		Index	Eff Date
Erlangen (B)	GM113	108	16-Dec-00
Feldberg/Schwarzwald (BW)	GM079	112	16-Dec-00
Frankfurt Am Main (inc Rhein Main AB)(H)5/	GM317	108	16-Dec-00
Freiburg (BW)	GM067	112	16-Dec-00
Fuerth (B)	GM117	108	16-Dec-00
Garmisch (B)	GM121	112	16-Dec-00
Gartow (LS)	GM405	112	16-Dec-00
Geilenkirchen (NRW)	GM531	112	16-Dec-00
Gelnhausen (H)	GM321	108	16-Dec-00
Giebelstadt (B)	GM123	108	16-Dec-00
Giessen (H)	GM323	108	16-Dec-00
Gonseheim (RP)	GM613	108	16-Dec-00
Gottingen (LS)	GM224	112	16-Dec-00
Greding (B)	GM222	108	16-Dec-00
Gross Engstingen (BW)	GM017	112	16-Dec-00
Grossauheim (H)	GM327	108	16-Dec-00
Grossengstigen (B)	GM125	112	16-Dec-00
Guetersloh (NRW)	GM523	112	16-Dec-00
Hamburg	GM205	120	16-Dec-00
Hanau (H)	GM329	108	16-Dec-00
Hannover (incl Wunstorf) (LS)	GM407	112	16-Dec-00
Heidelberg (BW)5/	GM019	108	16-Dec-00
Helmstedt (LS)	GM409	112	16-Dec-00
Hessich-Oldendorf (LS)	GM411	112	16-Dec-00
Hohenfels (B)	GM230	108	16-Dec-00
Hohne-Bergen (LS)	GM413	112	16-Dec-00
Hormsgrinde (BW)	GM021	112	16-Dec-00
Idar Oberstein (RP)	GM619	108	16-Dec-00
Jena (T)	GM815	112	16-Dec-00
Jever AB (LS)	GM415	112	16-Dec-00
Kaiserslautern (RP)	GM621	108	16-Dec-00
Kaiserslautern Military Community (RP)	GM700	108	16-Dec-00
Kalkar (NRW)	GM539	112	16-Dec-00
Kaltenbronn (BW)	GM025	112	16-Dec-00
Karlsruhe (incl Ettlingen) (BW)	GM027	108	16-Dec-00
Kiel (incl Eckernforde) (SH)	GM221	112	16-Dec-00
Kirchgoens/Butzbach (H)	GM335	108	16-Dec-00
Kitzengen (incl Wuerzburg) (B)	GM129	108	16-Dec-00
Konstanz (BW)	GM033	112	16-Dec-00
Landstuhl (RP)	GM629	108	16-Dec-00
Leipzig (OS)	GM157	112	16-Dec-00
Mannheim (incl Sandhofen) (BW)	GM039	108	16-Dec-00
Memmingen (B)	GM131	112	16-Dec-00
Messetetten (BW)	GM041	112	16-Dec-00
Miesau (RP)	GM635	108	16-Dec-00
Muenster (H)	GM339	108	16-Dec-00
Munchengladbach (Grefrath, Rheindahlen, and Herongen) (NRW)	GM549	112	16-Dec-00
Munich (B)	GM133	120	16-Dec-00
Munster-Oertze (LS)	GM417	112	16-Dec-00
Neubruecke (RP)	GM641	108	16-Dec-00

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Noervenich (NRW)	GM551	112	16-Dec-00
Nurnberg (B)	GM137	108	16-Dec-00
Oberamergau (B), GM219,	GM139	112	16-Dec-00
Oldenburg (LS)	GM429	112	16-Dec-00
Paderborn (NRW)	GM555	112	16-Dec-00
Pfullendorf	GM721	112	16-Dec-00
Pirmasens (RP)	GM699	108	16-Dec-00
Ramstein (RP)	GM643	108	16-Dec-00
Rendsburg (SH)	GM723	112	16-Dec-00
Rheinberg (NRW)	GM199	112	16-Dec-00
Ruppertsweiler (RP)	GM216	108	16-Dec-00
Russelsheim (H)	GM349	108	16-Dec-00
Schwabach (B)	GM143	108	16-Dec-00
Schweinfurt (B)	GM227	108	16-Dec-00
Sembach AB (RP)	GM645	108	16-Dec-00
Soegel (incl Meppen) (LS)	GM464	112	16-Dec-00
Sonthofen (B)	GM145	112	16-Dec-00
Spangdahlem (RP)	GM741	108	16-Dec-00
Stein (B)	GM147	108	16-Dec-00
Stuttgart (BW)5/	GM055	114	16-Dec-00
Treysa (H)	GM353	108	16-Dec-00
Tubingen (BW)	GM059	108	16-Dec-00
Twisteden (NRW)	GM599	112	16-Dec-00
Ulm (incl New Ulm) (BW)	GM061	114	16-Dec-00
Vilseck/Graffenwohr (B)	GM231	108	16-Dec-00
Wackernheim (RP)	GM649	108	16-Dec-00
Weingarten (BW)	GM095	112	16-Dec-00
Werl (NRW)	GM565	112	16-Dec-00
Westerburg (RP)	GM651	112	16-Dec-00
Wiesbaden (H)	GM355	108	16-Dec-00
Wiesbaden AB (H)	GM357	108	16-Dec-00
Wilhelmshaven (LS)	GM469	112	16-Dec-00
Zweibruecken (incl Kreuzberg Kaserne) (RP)	GM653	108	16-Dec-00
States (localities not listed):			
Other Baden-Wuerttemberg	GM063	108	16-Dec-00
Other Bavaria	GM153	108	16-Dec-00
Other Hesse	GM359	108	16-Dec-00
Other Lower Saxony	GM425	112	16-Dec-00
Other Mecklenburg-Vorpommern	GM369	112	16-Dec-00
Other North Rhine-Westphalia	GM573	112	16-Dec-00
Other Rhineland-Palatinate	GM655	108	16-Dec-00
Other Saarland	GM207	108	16-Dec-00
Other Saxony	GM939	112	16-Dec-00
Other Schleswig Holstein	GM703	112	16-Dec-00
All Other Landstates	GM999	108	16-Dec-00
Ghana	GH999	114	01-Dec-96
Gibraltar	GI001	120	16-Oct-00
Greece:			
Araxos	GR007	None	16-Feb-00
Attica Department 6/	GR003	None	16-Aug-00
Larissa (incl Tirnavos)	GR011	None	16-Feb-00

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Souda Bay	GR001	None	16-Feb-00
Tanagra	GR015	None	16-Aug-00
Thessaloniki (incl Arygoupolis & Langados)	GR017	None	16-Feb-00
Other	GR999	None	16-Sep-93
Grenada	GJ999	126	16-Mar-96
Guam	GQ001	122	01-Oct-99
Guatemala:			
Guatemala City	GT001	112	16-Aug-96
Other	GT999	112	16-Aug-96
Guinea	GV999	122	16-Dec-98
Guyana	GY999	None	01-Nov-92
Haiti:			
Port au Prince	HA001	110	16-Feb-96
Other	HA999	110	16-Feb-96
Hawaii--by Island:			
Hawaii (Other)	HI001	128	01-Sep-98
Kauai	HI003	128	01-Sep-98
Maui	HI005	134	01-Mar-99
Molokai	HI007	134	01-Mar-99
Oahu	HI009	116	01-Sep-98
Other Islands	HI999	None	08-Nov-89
Honduras:			
Tegucigalpa	HO001	None	01-Apr-93
Other	HO999	None	01-Apr-93
Hong Kong, HK021,	HK001	138	16-Apr-99
Hungary	HU999	104	16-Jan-98
Iceland:			
Keflavik	IC001	110	01-Oct-00
Reykjavik	IC005	112	01-Dec-00
Other	IC999	None	13-Dec-67
India:			
New Delhi	IN001	108	16-Jul-00
Other	IN999	108	16-Jul-00
Indonesia:			
Jakarta	ID001	118	16-Sep-99
Other	ID999	118	16-Sep-99
Iran	IR999	None	19-Mar-82
Iraq	IZ999	180	16-Sep-92
Ireland:			
Dublin	EI001	112	16-Nov-00
Other	EI999	112	16-Nov-00
Israel	IS001	138	16-Mar-97
Italy:			
Aviano	IT001	104	01-Oct-00
Bologna	IT005	108	01-Oct-00
Brindisi (incl San Vito De Normanni)	IT007	108	01-Oct-00
Gaeta23/	IT025	106	01-Oct-00
Ghedi	IT027	110	01-Oct-00
La Maddalena	IT029	112	01-Oct-00
La Spezia (incl Varignano)	IT031	108	01-Oct-00
Latina23/	IT033	108	01-Oct-00

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Livorno (incl Camp Darby)	IT035	108	01-Oct-00
Milan23/, IT039,	IT038	120	01-Oct-00
Naples23/	IT055	106	16-Sep-00
Pisa	IT059	108	01-Oct-00
Poggio Renatico	IT062	108	01-Oct-00
Rome (incl Ciampino Airport)23/	IT063	120	01-Oct-00
Siena	IT064	108	01-Oct-00
Sigonella	IT067	110	16-Sep-00
Taranto	IT068	108	16-Oct-00
Verona	IT071	108	16-Sep-00
Vicenza (incl Longare)	IT073	None	01-Oct-00
Other	IT100	None	01-Oct-00
Ivory Coast (see Cote D' Ivoire)			
Jamaica:			
Kingston	JM001	126	01-Jul-99
Other	JM999	126	01-Jul-99
Japan:7/			
Atsugi (KA)	JA041	144	01-Nov-00
Camp Fuji (SH)	JA067	148	01-Nov-00
Camp Zama (KA)	JA045	134	01-Nov-00
Eta Jima Island (incl Akizuki)(HI)14/	JA003	190	01-Nov-00
Fukuoka (incl Fukuoka Intl Airport) (FU)14/	JA005	190	01-Nov-00
Gifu (GI)14/	JA009	186	01-Nov-00
Hamamatsu (SH)14/	JA011	186	01-Nov-00
Hyakuri AB (IB)14/	JA015	186	01-Nov-00
Itazuke AB (FU)14/	JA017	190	01-Nov-00
Iwakuni (YA)14/	JA019	144	01-Nov-00
Kamiseya (incl Totsuka) (KA)	JA049	144	01-Nov-00
Kichijoji	JA073	136	01-Nov-00
Komaki (AI)14/	JA022	186	01-Nov-00
Kure (HI)14/	JA021	190	01-Nov-00
Kyoto (KY)14/	JA072	186	01-Nov-00
Misawa (AO)14/	JA023	142	01-Nov-00
Nyutabaru AB (MI)14/	JA029	186	01-Nov-00
Okinawa (OK)14/	JA027	136	01-Nov-00
Osaka-Kobe (OS & HY)14/	JA031	186	01-Nov-00
Sapporo (HK)14/, JA070,	JA069	186	01-Nov-00
Sasebo (NA)14/	JA035	144	01-Nov-00
Tamano (OY)14/	JA036	190	01-Nov-00
Tokyo (TO)8/, JA056,	JA053	154	01-Nov-00
Yokohama (KA)	JA057	144	01-Nov-00
Yokosuka (KA)	JA061	140	01-Nov-00
Yokota (KA)	JA065	136	01-Nov-00
Other Chiba Pref (incl Narita Intl AP)	JA007	136	01-Nov-00
Other Kanagawa Pref (KA)	JA998	136	01-Nov-00
Other Saitama (SA)	JA033	136	01-Nov-00
Other Tokyo Pref (TO)	JA077	136	01-Nov-00
Other Locations14/	JA080	144	01-Nov-00
Jerusalem	JS999	140	01-Sep-96
Jordan:			

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Amman	JO003	114	16-Mar-99
Other	JO999	114	16-Mar-99
Kampuchea (see Cambodia)			
Kazakhstan	KZ999	124	01-Apr-00
Kenya:			
Kisumu	KE011	106	16-Oct-00
Mombasa	KE001	106	16-Oct-00
Nairobi	KE003	106	16-Oct-00
Other	KE999	106	16-Oct-00
Korea:11/			
Camp Humphreys (formerly Pyongtaek), KS735,	KS035	None	01-Oct-97
Chinhae, KS705,	KS005	None	16-Jan-97
Chunchon, KS707,	KS007	None	16-Jan-97
Inchon, KS710,	KS010	None	16-Jan-97
Kimhae, KS715,	KS015	None	01-Oct-97
Kunsan, KS770,	KS070	None	16-Jan-97
Kwanju AB, KS717,	KS017	None	16-Jan-97
Osan AB, KS725,	KS025	None	16-Jan-97
Pusan, KS730,	KS030	None	01-Oct-97
Seoul(K-16Fld/C.Mercer/SiteTango&33)/11 KS075, KS740,KS775,	KS040	None	16-Dec-00
Suwon, KS750,	KS050	None	01-Oct-97
Taegu/Waegwan (incl Camps Carroll, Henry, & Walker), KS745,	KS045	None	16-Jan-97
Taejon, KS747,	KS047	None	16-Jan-97
Uijongbu, KS760,	KS060	None	16-Jan-97
Weonju, KS765,	KS065	None	16-Jan-97
Other, KS799,	KS999	None	16-Jan-97
Kuwait	KU999	116	01-Jan-00
Kyrgyzstan	KG999	118	16-Aug-97
Laos	LA999	124	16-Sep-96
Latvia	LG999	124	01-Jan-98
Lebanon:			
Beirut	LE001	112	01-Sep-98
Other	LE999	None	29-Jun-73
Liberia	LI999	122	01-Jan-98
Libya	LY999	None	16-Jun-87
Lithuania	LH999	112	01-May-99
Luxembourg	LU001	120	16-Dec-00
Macedonia	MK999	116	16-Jul-95
Madagascar	MA999	None	16-Sep-96
Malawi	MI999	112	01-Feb-94
Malaysia:			
Kuala Lumpur, MY701,	MY001	104	01-Oct-98
Other	MY999	104	01-Oct-98
Mali	ML999	102	16-Dec-00
Malta	MT999	106	01-Oct-00
Marshall Islands:			
Majuro	RM003	126	01-May-97
Other	RM999	None	01-Aug-87
Mauritania	MR999	None	01-Apr-00
Mauritius	MP999	None	16-Aug-97
Mexico:			

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Guadalajara	MX005	108	01-Oct-95
Mexico City	MX455	108	16-Sep-98
Veracruz	MX015	None	16-Jun-89
Other	MX999	None	16-Jun-89
Micronesia, Federated States of:			
Kosrae	FM009	104	01-Jun-94
Moen	FM001	104	01-Jun-94
Pohnpei	FM003	104	01-Jun-94
Chuuk (Truk)	FM005	104	01-Jun-94
Yap	FM007	108	16-Jul-99
Other	FM999	None	01-Feb-59
Moldova	MD999	102	16-Apr-99
Mongolia	MG999	120	16-Mar-00
Montenegro	MW999	108	16-Jul-95
Morocco	MO999	102	01-Oct-00
Mozambique	MZ999	120	16-Oct-97
Nepal	NP999	104	16-Jun-99
Netherlands:			
Almelo	NL041	114	16-Dec-00
Coevorden	NL035	112	16-Dec-00
Delft	NL050	114	16-Dec-00
Den Helder	NL001	114	16-Dec-00
Doorn	NL003	114	16-Dec-00
Eindhoven	NL007	114	16-Dec-00
Hague, The	NL009	112	16-Dec-00
Province of Limburg	NL015	110	16-Dec-00
Rotterdam	NL017	114	16-Dec-00
Soesterberg AB	NL021	114	16-Dec-00
Valkenburg (Incl Leiden)	NL025	112	16-Dec-00
Volkel	NL027	112	16-Dec-00
Other	NL999	114	16-Dec-00
Netherlands Antilles	NT999	130	16-Dec-00
New Zealand:			
Christchurch	NZ003	None	16-Sep-00
Other	NZ999	None	16-Sep-00
Nicaragua	NU999	112	16-Jul-97
Niger	NG999	106	16-Dec-00
Nigeria	NI999	116	16-Oct-99
Northern Mariana Islands:			
Saipan	CQ001	134	16-Jul-98
Other	CQ999	None	01-Feb-59
Norway:			
Bergen	NO016	146	16-Dec-00
Bodo	NO007	146	16-Dec-00
Oslo (incl Kolsas and Osteraas)	NO001	146	16-Dec-00
Rygge	NO005	146	16-Dec-00
Stavanger (incl Sola AS)	NO021	136	16-Dec-00
Trondheim	NO025	146	16-Dec-00
Other	NO003	136	16-Dec-00
Oman	MU999	132	16-Nov-99
Pakistan:			

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Islamabad	PK005	None	16-Apr-99
Peshawar	PK001	None	21-Nov-67
Other	PK999	None	16-Apr-99
Panama:			
Canal Area/Panama City	PM004	108	01-Jul-99
Other	PM999	108	01-Jul-99
Papua New Guinea	PP999	140	16-Jun-93
Paraguay:			
Asuncion	PA003	110	16-Jun-99
Other	PA999	110	16-Jun-99
Peru:			
Lima	PE005	134	16-Oct-98
Other	PE999	134	16-Oct-98
Philippines:			
Bulacan	RP003	None	01-Aug-00
Manila (incl Rizal Prov), RP701	RP005	None	01-Aug-00
Other	RP999	None	01-Jul-00
Poland:			
Krakow	PL005	110	01-Dec-97
Warsaw	PL001	110	01-Dec-97
Other	PL999	110	01-Dec-97
Portugal (incl Azores):			
Azores	PO015	None	01-Aug-00
Lisbon	PO002	104	16-Nov-00
Other	PO999	None	01-Aug-00
Puerto Rico:			
Aguadilla (incl CG AS Borinquen)	RQ001	108	16-Nov-96
Arecibo	RQ005	108	16-Nov-96
Caguas	RQ015	108	01-Sep-93
Cayey	RQ025	108	01-Sep-93
Fajardo	RQ030	108	01-Sep-93
Guayama	RQ040	108	01-Sep-93
Guaynabo	RQ045	108	01-Sep-93
Humaco	RQ050	108	01-Sep-93
Isabela	RQ053	108	16-Nov-96
Luguillo	RQ055	108	01-Sep-93
Mayaguez	RQ060	108	16-Nov-96
Ponce (incl Ft. Allen)	RQ065	108	01-Sep-93
Roosevelt Roads	RQ070	108	01-Sep-93
Sabana Seca	RQ075	112	16-Nov-99
San Juan (incl Carolina, Fort Buchanan and Bayamon)	RQ080	112	16-Nov-99
Vega Baja	RQ085	108	01-Sep-93
Other	RQ999	108	01-Sep-93
Qatar	QA999	130	01-Jun-99
Romania	RO999	116	16-Jun-98
Russia:			
Moscow	RS001	126	01-Aug-98
St. Petersburg	RS004	120	01-Jan-00
Other	RS999	120	16-Aug-00
Rwanda	RW999	128	01-Feb-92
Saint Christopher & Nevis	SC999	116	01-Feb-92

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Saint Lucia	ST001	120	01-Feb-92
Saint Vincent and the Grenadines	VC999	120	01-Feb-92
Saudi Arabia:			
Jeddah	SA003	130	01-Aug-98
Other	SA999	140	01-May-98
Senegal	SG999	110	16-Dec-00
Serbia	SR999	108	16-Jul-95
Seychelles	SE999	146	16-Jun-00
Sierra Leone	SL999	128	16-Mar-98
Singapore:25/, SN701,	SN001	124	01-Dec-00
Slovakia	LO999	102	01-Aug-99
Slovenia	SI999	116	16-Jul-97
Somalia	SO999	120	01-Feb-92
South Africa			
Cape Town	SF002	None	01-Mar-00
Other	SF999	None	01-Jul-99
Spain:			
Barcelona	SP008	106	16-Nov-00
Cadiz	SP005	None	16-Mar-99
Canary Islands	SP004	None	01-Feb-59
El Ferrol	SP007	106	16-Nov-00
Estartit	SP009	106	16-Nov-00
Madrid	SP017	106	16-Nov-00
Moron AB	SP018	None	01-Sep-00
Rota	SP019	None	16-Mar-99
San Javier	SP022	106	16-Nov-00
Sonseca	SP023	106	16-Nov-00
Zaragoza	SP027	106	16-Nov-00
Other	SP999	None	16-Mar-99
Sri Lanka (Ceylon)	CE999	104	16-Jan-97
Sudan	SU999	126	01-Apr-96
Suriname	NS999	108	16-Jun-98
Sweden:			
Stockholm	SW001	128	16-Dec-00
Other	SW999	128	16-Dec-00
Switzerland:			
Bern	SZ001	166	16-Dec-00
Geneva	SZ005	166	16-Dec-00
Payerne	SZ015	166	16-Dec-00
Zurich	SZ009	166	16-Dec-00
Other	SZ999	166	16-Dec-00
Syria	SY999	118	16-Apr-99
Taiwan	TW999	136	01-Feb-92
Tanzania	TZ999	108	16-Jan-99
Tajikistan	TI999	106	01-Jun-95
Thailand:			
Bangkok, TH075,	TH001	102	01-Dec-00
Other	TH011	102	01-Dec-00
Togo	TO999	110	16-Dec-00
Trinidad and Tobago:			
Port of Spain	TD001	116	16-Oct-99

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Other	TD999	116	16-Oct-99
Trust Territory of the Pacific Islands--By Island:			
Koror	PS001	108	01-Jun-98
Kosrae (see Micronesia)			
Kwajalein (see Marshall Islands)			
Moen (see Micronesia)			
Palau	PS017	108	01-Jun-98
Pohnpei (see Micronesia)			
Saipan (see Northern Mariana Islands)			
Chuuk (Truk) (see Micronesia)			
Yap (see Micronesia)			
Other	PS999	None	01-Jun-98
Tunisia	TS999	102	01-Oct-00
Turkey:			
Adana (incl Incirlik AB)	TU001	None	01-Jan-99
Ankara	TU003	102	16-Aug-99
Istanbul	TU005	112	16-Jan-99
Izmir	TU007	None	01-Dec-98
Other	TU999	102	16-Aug-99
Turkmenistan	TX999	104	16-Dec-97
Turks and Caicos Islands	TK999	154	01-Feb-92
Uganda	UG999	128	16-Jul-97
Ukraine	UP999	122	01-Oct-96
Former Union of Soviet Socialist Republics/13			
United Arab Emirates:			
Abu Dhabi	TC001	124	01-Aug-96
Dubai	TC014	124	01-Aug-96
Fujairah	TC024	124	01-Aug-96
Other	TC999	124	01-Aug-96
United Kingdom:10/			
Alconbury (incl Wyton) (E)	UK001	114	16-Oct-00
Andover (incl Pewsey) (E)	UK031	116	16-Oct-00
Arbroath (S)	UK687	122	16-Oct-00
Ashford (E)	UK042	116	16-Oct-00
Barrow-in-Furness (E)	UK055	122	16-Oct-00
Barry (W)	UK819	122	16-Oct-00
Bath (E)	UK058	122	16-Oct-00
Blandford (E)	UK087	122	16-Oct-00
Boulmer (E)	UK103	122	16-Oct-00
Bovington (E)	UK105	122	16-Oct-00
Brecon (W)	UK824	122	16-Oct-00
Bromsgrove (E)	UK133	116	16-Oct-00
Burtonwood (E)	UK139	122	16-Oct-00
Camberley (incl Bracknell) (E), UK149,	UK148	116	16-Oct-00
Cambridge (E)	UK153	114	16-Oct-00
Catterick (E)	UK161	122	16-Oct-00
Cheltenham (E)	UK178	116	16-Oct-00
Chicksands (E)	UK189	116	16-Oct-00
Chivenor (E)	UK194	122	16-Oct-00
Collingwood (E)	UK198	116	16-Oct-00
Cottesmore (E)	UK207	114	16-Oct-00

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Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Croughton (including Barford St. John, Bicester, and Upper Heyford)	UK218	114	16-Oct-00
Dartmouth (E)	UK221	122	16-Oct-00
Donnington (E)	UK229	122	16-Oct-00
Dover (E)	UK235	122	16-Oct-00
Drake (E)	UK237	122	16-Oct-00
Dunfermline (S)	UK711	122	16-Oct-00
Eaglescliffe (E)	UK243	116	16-Oct-00
Emsworth (E)	UK248	116	16-Oct-00
Fairford (E)	UK251	116	16-Oct-00
Farnborough (E)	UK267	116	16-Oct-00
Faslane (S)	UK733	122	16-Oct-00
Felixstowe (E)	UK273	116	16-Oct-00
Forss (S)	UK739	122	16-Oct-00
Fraserburgh (S)	UK741	122	16-Oct-00
Fylingdales (E)	UK280	122	16-Oct-00
Glasgow (S)	UK742	122	16-Oct-00
Gloucester (E)	UK284	116	16-Oct-00
Great Torrington (E)	UK302	122	16-Oct-00
Harrogate/Menwith Hill (E)	UK313	114	16-Oct-00
Haverfordwest (W)	UK834	122	16-Oct-00
Helensburgh (S)	UK743	122	16-Oct-00
Helston (E)	UK318	122	16-Oct-00
High Wycombe/Daws Hill (E)	UK319	122	16-Oct-00
Hillhead (E)	UK320	116	16-Oct-00
Holyhead (W)	UK841	122	16-Oct-00
Hythe (incl Marchwood) (E)	UK330	122	16-Oct-00
Innsworth (E)	UK341	116	16-Oct-00
Kinloss (S)	UK760	122	16-Oct-00
Kirton-in-Lindsey (E)	UK348	116	16-Oct-00
Lakenheath/Mildenhall (E)	UK352	114	16-Oct-00
Lancaster (E)	UK349	116	16-Oct-00
Leeming (E)	UK376	116	16-Oct-00
Leicester (E)	UK384	116	16-Oct-00
Leuchars (S)	UK766	122	16-Oct-00
Little Rissington (E)	UK401	116	16-Oct-00
London, Central (E)/12	UK380	128	16-Oct-00
London (incl Metro Traffic Area) (E)/12	UK388	116	16-Oct-00
Lympstone (E)	UK405	122	16-Oct-00
Lyneham (E)	UK411	116	16-Oct-00
Middle Wallop (E)	UK439	116	16-Oct-00
Molesworth (E)	UK463	114	16-Oct-00
Mormon Hill (S)	UK784	122	16-Oct-00
Newcastle-upon-Tyne (E)	UK481	116	16-Oct-00
Newquay (E)	UK484	116	16-Oct-00
Oxford (E)	UK490	116	16-Oct-00
Peterhead (S)	UK789	122	16-Oct-00
Petersfield (E)	UK493	116	16-Oct-00
Petreavie Castle (S)	UK795	122	16-Oct-00
Plymouth (E)	UK496	122	16-Oct-00
Poole (E)	UK502	122	16-Oct-00
Portland (E)	UK508	122	16-Oct-00

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances	
		Index	Eff Date
Portsmouth (E)	UK514	122	16-Oct-00
RAF Digby Military Community (E)26/	UK863	116	16-Oct-00
Rochester (E)	UK517	126	16-Oct-00
Salisbury/Wilton (E)	UK518	116	16-Oct-00
Shaftesbury (E)	UK525	116	16-Oct-00
Shawbury (E)	UK530	116	16-Oct-00
Shetland Islands (S)	UK811	122	16-Oct-00
Spadeadam (E)	UK553	122	16-Oct-00
St. Mawgan (E), UK497,	UK559	122	16-Oct-00
Stockbridge (E)	UK561	116	16-Oct-00
Swindon (E)	UK568	116	16-Oct-00
Swingate (E)	UK571	122	16-Oct-00
Taunton (E)	UK575	116	16-Oct-00
Tidworth (E)	UK576	116	16-Oct-00
Torpoint (E)	UK577	122	16-Oct-00
Valley (W)	UK847	122	16-Oct-00
Warminster (E)	UK600	122	16-Oct-00
Wembury (E)	UK615	122	16-Oct-00
Winchester (E)	UK635	116	16-Oct-00
Wincombe (E)	UK641	116	16-Oct-00
Windsor (E)	UK646	116	16-Oct-00
Yeovilton (E)	UK676	122	16-Oct-00
Other (E)	UK883	114	16-Oct-00
Other (S)	UK884	122	16-Oct-00
Other (W)	UK885	114	16-Oct-00
Upper Volta (See Burkina)			
Uruguay:			
Montevideo	UY003	138	01-Jul-99
Other	UY999	138	01-Jul-99
Uzbekistan	UZ999	124	16-Jun-99
Venezuela:			
Caracas	VE001	122	01-Aug-99
Maracay	VE003	122	01-Sep-00
Other	VE999	None	16-Dec-83
Vietnam	VM999	108	16-Aug-94
Virgin Islands of the U.S.:			
St. Croix, VQ061, VQ064	VQ001	130	01-Aug-00
St. Thomas	VQ005	130	01-Feb-98
Other	VQ999	130	01-Feb-98
Yemen Arab Republic	YM999	122	01-Jun-98
Yugoslavia: see Bosnia-Herzegovina, Croatia, Macedonia, Montenegro, Serbia and Slovenia.			
Zambia	ZA999	128	01-Aug-96
Zimbabwe	ZI999	None	16-Dec-86

* COST-OF-LIVING ALLOWANCE INDEXES

Locality	Locality Code 1/	Cost-of-Living Allowances Index	Eff Date
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Footnotes

1/ Where more than one locality code is shown, see Appendix K for appropriate code.

2/ Cost-of-Living Allowance Index "NONE" is prescribed for personnel assigned to the following specific duty stations: USCG Loran Station Attu, Cold Bay AFS, Campion AFS, Cape Lizburne AFS, Cape Newenham AFS, Cape Romanzof AFS, Fort Yukon AFS, Galena AFS, Indian Mountain AFS, Kotzebue AFS, USCG Loran Station Port Clarence, Sparrevohn AFS, USCG Loran Station St. Paul Island, Tatalina AFS and Tin City FS, Alaska.

3/ As used in this Appendix, the term "Paris (Environs)" is comprised of the departments of Essone, Hauts-de-Seine, Seine-St. Denis, Val-de-Marne, Val-d'oise and Yvelines.

4/ Symbols for German States: Baden-Wuerttemberg (BW), Bavaria (B), Hesse (H), Lower Saxony (LS), North Rhine Westphalia (NRW), Other Saxony (OS), Rhineland Palatinate (RP), Saarland (S), and Schleswig Holstein (SH).

5/ Bad Cannstatt, Boeblingen, Echterdingen, Ludwigsburg, Moehringen, Nellingen, Sindelfingen, Vaihingen and Zuffenhusen (at which Headquarters, United States European Command is located) are all within the Stuttgart Military Community.

6/ Attica Department includes Athens and Mt. Pateras (1 Sept 1999)

7/ Symbols for Japanese Prefectures: Aichi (AI), Aomori (AO), Chiba (CH), Fukuoka (FU), Gifu (GI), Hiroshima (HI), Hokkaido (HK), Hyogo (HY), Ibaraki (IB), Kanagawa (KA), Miyagi (MG), Miyazaki (MI), Nagasaki (NA), Okinawa (OK), Okayama (OY), Osaka (OS), Saitama (SA), Shizuoka (SH), Tokyo (TO), and Yamaguchi (YA).

8/ As used in this Appendix, the term "Tokyo" is limited to that area falling within the following named special wards (KU): Adachi, Arakawa, Bunkyo, Chiyoda, Chuo, Edogawa, Itabashi, Katsushika, Kita, Koto, Meguro, Minato, Nakano, Nerima, Ota, Setagaya, Shibuya, Shinagawa, Shinjuku, Suginami, Sumida, Taito, and Toshima.

9/ Lisbon includes the City of Lisbon, Alverca, Cascais, Estoril and Oeiras.

10/ (Eff 16 Oct 00) COLA unique allowance 363 dollars annually for all members assigned. Symbols for the United Kingdom are: England (E), Scotland (S), and Wales (W). Northern Ireland and other localities not listed separately are prescribed the rate for 'Other'.

11/ When command-sponsored dependents are required by United States Forces Korea to reside in Seoul, member is entitled to Seoul rates. Members must have command certified documentation substantiating this requirement. Locality code 075 applies to these members.

*** COST-OF-LIVING ALLOWANCE INDEXES**

Locality	Locality Code 1/	Cost-of-Living Allowances Index Eff Date
12/ Central London, locality code 380, includes the Cities of London and Westminster plus the boroughs of Barking, Barnet, Bexley, Brent, Bromley, Camden, Croyton, Ealing, Enfield, Greenwich, Hackney, Hammersmith, Haringey, Harrow, Havering, Hillingdon, Hounslow, Islington, Kensington and Chelsea, Kingston upon Thames, Lambeth, Lewisham, Merton, Newham, Redbridge, Richmond upon Thames, Southwark, Sutton, Tower Hamlets, Waltham Forest and Wandsworth. Metropolitan London locality code 388, constitutes the former Metropolitan Traffic Area less Central London, High Wycombe and Daws Hill.		
13/ (Eff 1 Dec 94) See independent states of the former Soviet Union: Armenia, Azerbaijan, Belarus, Georgia, Kazakhstan, Kyrgyzstan, Moldova, Russia, Tajikistan, Turkmenistan, Ukraine, and Uzbekistan.		
14/ (Eff 1 Nov 00) COLA unique allowance 251 dollars annually for all members assigned.		
15/ (Eff 1 Jun 99) COLA unique allowance 772 dollars annually, barracks members 332 dollars yearly.		
16/ (Eff 1 Jun 99) COLA unique allowance 973 dollars annually, barracks members 492 dollars yearly.		
17/ (Eff 1 Jun 99) COLA unique allowance 1103 dollars annually, barracks members 1103 yearly.		
18/ (Eff 1 Jun 99) COLA unique allowance 721 dollars annually, barracks members 343 dollars yearly.		
19/ (Eff 16 Apr 98) COLA unique allowance 1240 dollars yearly, barracks members 1143 dollars yearly.		
20/ (Eff 1 Jun 99) COLA unique allowance 765 dollars annually, barracks members 243 dollars yearly.		
21/ (Eff 1 Jun 99) COLA unique allowance 854 dollars annually, barracks members 531 dollars yearly.		
22/ (Eff 1 Jun 99) COLA unique allowance 549 dollars annually, barracks members 549 yearly.		
23/ (Eff 1 Oct 98) COLA unique allowance deleted.		
24/ (Eff 1 Jun 99) COLA unique allowance 1186 dollars annually, barracks members 595 dollars yearly.		
25/ (Eff 1 Dec 00) COLA unique allowance 722 dollars annually for all members assigned.		
26/ (Eff 1 May 98) The RAF Digby Military Community includes the localities of Coningsby, Cranwell, Nocton Hall, and Scampton and Waddington) .		
27/ (Eff 1 Jun 99) COLA unique allowance 1314 dollars annually, barracks members 840 dollars yearly.		
28/ (Eff 1 Jun 99) COLA unique allowance 862 dollars annually, barracks members 461 dollars yearly.		
29/ (Eff 1 Jun 99) COLA unique allowance 961 dollars annually, barracks members 359 dollars yearly.		
30/ (Eff 1 Dec 00) COLA unique allowance 675 dollars annually, barracks members 391 dollars yearly.		