



**DEFENSE TRAVEL
MANAGEMENT OFFICE**

Overseas Cost of Living Allowance Adjustments

July/August 2013 (Updated 7/8/13)

In July, members in parts of Greece and Italy will see an increase. Members in Mexico, Uzbekistan and parts of Greece will see no change to COLA.

An increase indicates that price differences have increased from being that much more expensive in comparison to average prices in the Continental United States (CONUS). A decrease in this allowance indicates that the prices of goods and services have declined in comparison. Overseas COLA is not a fixed amount and adjustments based on data are either immediate or made incrementally, depending on whether the payment will increase or decrease. Increases in COLA are made immediately, whereas COLA reductions are phased in over time to help minimize the impact of the adjustment. Please refer to Table 1 for the COLA index point adjustment by duty station location.

Location		Current Index	New Index	Point Change	Adjustment Begins	Adjustment Complete
Greece	Larissa	134	134	No Change	16 Jul 13	16 Jul 13
	Souda Bay	120	124	+4	16 Jul 13	16 Jul 13
Mexico	Nogales	116	116	No Change	16 Jul 13	16 Jul 13
Italy	Aviano	122	128	+6	1 Jul 13	1 Jul 13
	Gaeta	132	136	+4	1 Jul 13	1 Jul 13
	Ghedi	132	134	+2	1 Jul 13	1 Jul 13
	Livorno	124	126	+2	1 Jul 13	1 Jul 13
	Naples	132	136	+4	1 Jul 13	1 Jul 13
	Sigonella	130	136	+6	1 Jul 13	1 Jul 13
	Vincenza	126	130	+4	1 Jul 13	1 Jul 13
St. Helena	Ascension Island	100	116	+16	1 Aug 13	1 Aug 13
Uzbekistan	Tashkent	126	126	No Change	1 Jul 13	N/A

Table 1: COLA Adjustments – July/August 2013

**All indexes are subject to currency fluctuations*

Service members can calculate their COLA rate at <http://www.defensetravel.dod.mil/site/colaCalc.cfm>.

The calculation tool is updated with the current COLA amounts each pay-period.

About DTMO

DTMO was established to serve as the single focal point for commercial travel within the Department of Defense to establish strategic direction, set policy, and centrally manage commercial travel programs.

DTMO maintains central oversight for commercial travel management, travel policy and implementation, customer support and training, DoD travel card program management, functional oversight for the Defense Travel System, and allowance and entitlement program management.